NUTRITION (MINOR)

Department Website (https://steinhardt.nyu.edu/degree/minor-nutrition-and-dietetics/)

Program Description
In this 16-credit minor, students explore the role of nutrition in healthy living through coursework in food science, human physiology, diet assessment, and electives.

To declare a minor in Nutrition, students must meet with an academic advisor to enroll in restricted courses and discuss course selection.

Minor Declaration
To request declaration of a minor, Steinhardt students should discuss requirements with the minor department’s advising team and complete the Minor Application (http://www.nyu.edu/students/student-information-and-resources/registration-records-and-graduation/registration.html) in Albert. To request declaration of a cross-school minor, Steinhardt students should complete the online Minor Application available in their Albert Student Center. Students may also use the Minor Application in Albert to request cancellation of a Steinhardt or cross-school minor. For questions related to the declaration or cancellation of a minor, students can contact the Steinhardt Advisement and Registration Team at steinhardt.advisement.registration@nyu.edu.

Program Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>NUTR-UE 85</td>
<td>Intro to Foods and Food Science</td>
<td>3</td>
</tr>
<tr>
<td>NUTR-UE 119</td>
<td>Nutrition and Health</td>
<td>3</td>
</tr>
<tr>
<td>NUTR-UE 1068</td>
<td>Introduction to Human Physiology</td>
<td>4</td>
</tr>
<tr>
<td>NUTR-UE 1260</td>
<td>Diet Assessment and Planning</td>
<td>3</td>
</tr>
</tbody>
</table>

Elective Options

Select one of the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>NUTR-UE 1064</td>
<td>Nutritional Biochemistry</td>
<td>2,3,4</td>
</tr>
<tr>
<td>NUTR-UE 1209</td>
<td>Community Nutrition</td>
<td>2,5</td>
</tr>
<tr>
<td>NUTR-UE 1269</td>
<td>Nutrition and Life Cycle</td>
<td>2,3,5</td>
</tr>
</tbody>
</table>

Total Credits: 16

1
Prerequisite: NUTR-UE 85 Intro to Foods and Food Science

2
Prerequisite: NUTR-UE 119 Nutrition and Health

3
Prerequisite: NUTR-UE 1068 Introduction to Human Physiology or equivalent

4
Prerequisite: CHEM-UA 210 Principles of Organic and Biological Chemistry and Laboratory or equivalent

5
Co-requisite: NUTR-UE 1260 Diet Assessment and Planning

College of Arts & Science students may take BIOL-UA 12 in place of NUTR-UE 1068 Introduction to Human Physiology.

Nursing students may take NURSE-UN 70 Anatomy & Physiology in place of NUTR-UE 1068 Introduction to Human Physiology.

Policies

NYU Policies
University-wide policies can be found on the New York University Policy pages (https://bulletins.nyu.edu/nyu/policies/).

Steinhardt Academic Policies
Additional academic policies can be found the Steinhardt academic policies page (https://bulletins.nyu.edu/undergraduate/culture-education-human-development/academic-policies/).