

# NUTRITION (MINOR)

Department Website (<https://steinhardt.nyu.edu/degree/minor-nutrition-and-dietetics/>)

## Program Description

In this 16-credit minor, students explore the role of nutrition in healthy living through coursework in food science, human physiology, diet assessment, and electives.

To declare a minor in Nutrition, students must meet with an academic advisor to enroll in restricted courses and discuss course selection.

## Minor Declaration

To request declaration of a minor, Steinhardt students should discuss requirements with the minor department's advising team and complete the Minor Application (<http://www.nyu.edu/students/student-information-and-resources/registration-records-and-graduation/registration.html>) in Albert. To request declaration of a cross-school minor, Steinhardt students should complete the online Minor Application available in their Albert Student Center. Students may also use the Minor Application (<http://www.nyu.edu/students/student-information-and-resources/registration-records-and-graduation/registration.html>) in Albert to request cancellation of a Steinhardt or cross-school minor. For questions related to the declaration or cancellation of a minor, students can contact the Steinhardt Advisement and Registration Team at [steinhardt.advisement.registration@nyu.edu](mailto:steinhardt.advisement.registration@nyu.edu).

## Program Requirements

Course	Title	Credits
<b>Required Courses</b>		
NUTR-UE 85	Intro to Foods and Food Science	3
NUTR-UE 119	Nutrition and Health	3
NUTR-UE 1068	Introduction to Human Physiology <sup>1</sup>	4
NUTR-UE 1260	Diet Assessment and Planning <sup>2,3</sup>	3
<b>Elective Options</b>		
Select one of the following:		3
NUTR-UE 1064	Nutritional Biochemistry <sup>2,3,4</sup>	
NUTR-UE 1209	Community Nutrition <sup>2,5</sup>	
NUTR-UE 1269	Nutrition and Life Cycle <sup>2,3,5</sup>	
<b>Total Credits</b>		<b>16</b>

1

Prerequisite: NUTR-UE 85 Intro to Foods and Food Science

2

Prerequisite: NUTR-UE 119 Nutrition and Health

3

Prerequisite: NUTR-UE 1068 Introduction to Human Physiology or equivalent

4

Prerequisite: CHEM-UA 210 Principles of Organic and Biological Chemistry and Laboratory or equivalent

5

Co-requisite: NUTR-UE 1260 Diet Assessment and Planning

College of Arts & Science students may take BIOL-UA 12 in place of NUTR-UE 1068 Introduction to Human Physiology.

Nursing students may take NURSE-UN 70 Anatomy & Physiology in place of NUTR-UE 1068 Introduction to Human Physiology.

## Policies

### NYU Policies

University-wide policies can be found on the New York University Policy pages (<https://bulletins.nyu.edu/nyu/policies/>).

### Steinhardt Academic Policies

Additional academic policies can be found the Steinhardt academic policies page (<https://bulletins.nyu.edu/undergraduate/culture-education-human-development/academic-policies/>).