

GLOBAL PUBLIC HEALTH/ NUTRITION AND DIETETICS (BS)

Department Website (<https://steinhardt.nyu.edu/degree/bs-global-public-health-nutrition-and-dietetics/>)

NYSED: 35138 **HEGIS:** 1306.00 **CIP:** 30.1901

Program Description

The BS program in Global Public Health/Nutrition and Dietetics prepares students to apply current knowledge, policy, and research about food and nutrition toward the improvement of the health of populations locally and around the world. The major aligns with the mission of the Nutrition and Dietetics Program to educate students on the role of food, nutrition, and health in society. Students will study a variety of topics, such as food production, technology, epidemiology, diet assessment, health policy, and nutrition counseling.

Graduates are well prepared for entry-level positions in health care, community programs, health departments, school food service, private practice, publishing, public relations, or other businesses that involve nutrition and public health.

The major also offers preparation for dietetic internships that enable students to become eligible to take the examination to become a registered dietitian (RD), as well as for further graduate work in nutrition, public health, or other related disciplines.

Dual Degree

The department offers a dual degree leading to a Bachelor of Science (BS) in Public Health and Nutrition, and a Master of Public Health (MPH) in Public Health Nutrition. See Global Public Health and Nutrition/Public Health Nutrition (<https://steinhardt.nyu.edu/degree/bs-global-public-health-nutrition-and-dietetics-mph-public-health-nutrition/>) for more information.

Admissions

New York University's Office of Undergraduate Admissions supports the application process for all undergraduate programs at NYU. For additional information about undergraduate admissions, including application requirements, see How to Apply (<https://www.nyu.edu/admissions/undergraduate-admissions/how-to-apply.html>).

Program Requirements

Course	Title	Credits
Liberal Arts Requirements		
<i>Foreign Language</i>		
Select eight credits of a foreign language		8
<i>Expository Writing</i>		
EXPOS-UA 1	Writing as Inquiry	4
ACE-UE 110	Advanced College Essay: Educ & The Professions	4
<i>Foundations of Contemporary Culture</i>		
Texts and Ideas		4
Cultures and Contexts		4
Expressive Culture		4

Societies and the Social Sciences

Choose one of the following:		4
PSYCH-UA 1	Intro to Psychology	
or APSY-UE 2	Introduction to Psychology and Its Principles	

Foundations of Scientific Inquiry

APSTA-UE 1085	Basic Statistics I (or other Statistics by advisement)	4
CHEM-UA 120	Introduction to Modern Chemistry	5
CHEM-UA 210	Principles of Organic and Biological Chemistry and Laboratory	5
NUTR-UE 1068	Introduction to Human Physiology	4
NUTR-UE 119	Nutrition and Health	3

Other Liberal Arts Requirements

Select seven credits of other Liberal Arts requirements	7
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Additional Requirements

SAHS-UE 1	New Student Seminar	0
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Writing Proficiency Examination

The Global Health Major requires one Fall, Spring or Summer semester abroad at one of NYU's 14 global sites.

Specialization Requirements

Public Health Core Content

UGPH-GU 10	Health and Society in a Global Context	4
UGPH-GU 30	Epidemiology for Global Health	4
UGPH-GU 50	Environmental Health in a Global World	4
UGPH-GU 40	Health Policy in a Global World	4

Public Health Electives

4 credits, by advisement.	4
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Public Health Internship

UGPH-GU 60	Undergraduate Experiential Learning in Global Public Health	4
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Nutrition and Dietetics Core Content

FOOD-UE 1051	Food and Identity	4
NUTR-UE 85	Intro to Foods and Food Science	3
NUTR-UE 91	Food Management Theory	3
NUTR-UE 120	Theories & Techniques of Nutrition Ed Counseling	2
NUTR-UE 1023	Food Microbiology & Sanitation	3
NUTR-UE 1052	Food Production and Management	3
NUTR-UE 1064	Nutritional Biochemistry	3
NUTR-UE 1117	Current Research in Nutrition (seniors)	2
NUTR-UE 1184	Food Science & Tech	3
NUTR-UE 1185	Clinical Nutrition Assessment Intervention	3
NUTR-UE 1198	Fieldwork	4
NUTR-UE 1209	Community Nutrition	3
NUTR-UE 1260	Diet Assessment and Planning	3
NUTR-UE 1269	Nutrition and Life Cycle	3

Unrestricted Electives

Select two credits of Unrestricted Electives	2
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Total Credits	128
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Sample Plan of Study

Course	Title	Credits
1st Semester/Term		
SAHS-UE 1	New Student Seminar	0
NUTR-UE 85	Intro to Foods and Food Science	3
NUTR-UE 119	Nutrition and Health	3
CHEM-UA 120	Introduction to Modern Chemistry	5
EXPOS-UA 1	Writing as Inquiry	4
Credits		15
2nd Semester/Term		
ACE-UE 110	Advanced College Essay: Educ & The Professions	4
Global Public Health Course		4
FOOD-UE 1051	Food and Identity	4
CHEM-UA 210	Principles of Organic and Biological Chemistry and Laboratory	5
Credits		17
3rd Semester/Term		
NUTR-UE 120	Theories & Techniques of Nutrition Ed Counseling	2
NUTR-UE 1023	Food Microbiology & Sanitation	3
Global Public Health Course		4
NUTR-UE 1068	Introduction to Human Physiology	4
Texts and Ideas		4
Credits		17
4th Semester/Term		
NUTR-UE 1064	Nutritional Biochemistry	3
NUTR-UE 1184	Food Science & Tech	3
PSYCH-UA 1	Intro to Psychology	4
NUTR-UE 91	Food Management Theory	3
NUTR-UE 1260	Diet Assessment and Planning	3
Credits		16
5th Semester/Term		
NUTR-UE 1269	Nutrition and Life Cycle	3
Cultures and Contexts		4
Foreign Language		4
Global Public Health Course		4
Credits		15
6th Semester/Term		
NUTR-UE 1209	Community Nutrition	3
Expressive Culture		4
Foreign Language		4
Global Public Health Course		4
NUTR-UE 1117	Current Research in Nutrition	2
Credits		17
7th Semester/Term		
NUTR-UE 1052	Food Production and Management	3
NUTR-UE 1185	Clinical Nutrition Assessment Intervention	3
Global Public Health Course		4
NUTR-UE 1198	Fieldwork	4
Unrestricted Electives		1
Credits		15
8th Semester/Term		
Unrestricted Electives		1
Global Public Health Course		4
GPH Elective		4
Elective		7
Credits		16
Total Credits		128

Learning Outcomes

Upon successful completion of the program, graduates will:

1. Discuss and explain the various and diverse roles of food, nutrition, and health in society.
2. Apply research methods and scientific evidence to the examination of current problems in food, nutrition and health.
3. Think critically, analyze complex and diverse concepts, and use reason and judgment.
4. Communicate effectively, both orally and in writing, in different educational and workplace settings.
5. Demonstrate skills and competencies consistent with best practices in nutrition and food studies.
6. Assess the nutritional status of individuals and population groups.
7. Educate individuals and the public on food choices that will optimize health and prevent disease.
8. Apply nutrition care processes to the treatment of diet-related disease conditions.
9. Manage human, financial, and physical resources to improve the nutritional care of individuals and population groups.

Policies

Program Policies

Grading and GPA Policy

All courses identified as "critical" to the program must be successfully completed with a grade of C or better.

Global Public Health/Nutrition and Dietetics (BS) - Critical Courses

Code	Title	Credits
APSY-UE 2	Introduction to Psychology and Its Principles	4
CHEM-UA 120	Introduction to Modern Chemistry	5
CHEM-UA 210	Principles of Organic and Biological Chemistry and Laboratory	5
NUTR-GE 2190	Research Methods in Nutrition	3
NUTR-GE 2199	Nutrition Education and Counseling	3
NUTR-UE 85	Intro to Foods and Food Science	3
NUTR-UE 91	Food Management Theory	3
NUTR-UE 119	Nutrition and Health	3
NUTR-UE 120	Theories & Techniques of Nutrition Ed Counseling	2
NUTR-UE 1023	Food Microbiology & Sanitation	3
NUTR-UE 1052	Food Production and Management	3
NUTR-UE 1064	Nutritional Biochemistry	3
NUTR-UE 1068	Introduction to Human Physiology	4
NUTR-UE 1117	Current Research in Nutrition	2
NUTR-UE 1184	Food Science & Tech	3
NUTR-UE 1185	Clinical Nutrition Assessment Intervention	3
NUTR-UE 1209	Community Nutrition	3
NUTR-UE 1260	Diet Assessment and Planning	3
NUTR-UE 1269	Nutrition and Life Cycle	3
PSYCH-UA 1	Intro to Psychology	4

STEM OPT Benefits for International Students

If you're an international student, you may be able to work in the United States after graduation for an extended period of time. Most students

studying on F-1 visas will be eligible for 12 months of Optional Practical Training (OPT) off-campus work authorization. F-1 students in this program may also be eligible for the STEM (Science, Technology, Engineering, or Mathematics) OPT extension, allowing you to extend your time in the United States to pursue degree-related work experience for a total of 36 months or 3 years. For more information on who can apply for this extension visit NYU's Office of Global Services: STEM OPT (<http://www.nyu.edu/students/student-information-and-resources/student-visa-and-immigration/alumni/extend-your-opt/stem-opt.html>).

NYU Policies

University-wide policies can be found on the New York University Policy pages (<https://bulletins.nyu.edu/nyu/policies/>).

Steinhardt Academic Policies

Additional academic policies can be found the Steinhardt academic policies page (<https://bulletins.nyu.edu/undergraduate/culture-education-human-development/academic-policies/>).