

# GLOBAL PUBLIC HEALTH/ FOOD STUDIES (BS)

Department Website (<https://steinhardt.nyu.edu/programs/food-studies/>)

**NYSED:** 35041 **HEGIS:** 1214.00 **CIP:** 51.2201

## Program Description

The BS program in Global Public Health/Food Studies focuses on the ways in which individuals, communities, and societies relate to food within a cultural and historical context. Students will study a wide variety of topics such as food science and technology, food and culture, epidemiology, marketing, nutrition, and health policy.

Graduates are well prepared to enter a variety of careers in advocacy, policy, agriculture, and food production, public relations, and development, as well as to pursue advanced academic training in public health, food studies, or other related fields.

## Admissions

New York University's Office of Undergraduate Admissions supports the application process for all undergraduate programs at NYU. For additional information about undergraduate admissions, including application requirements, see How to Apply (<https://www.nyu.edu/admissions/undergraduate-admissions/how-to-apply.html>).

## Program Requirements

| Course                                     | Title  | Credits |
|--|--|---------|
| <b>Liberal Arts Requirements</b>           |  |         |
| <i>Foreign Language</i>                    |  |         |
|  | Select eight credits of a foreign language               | 8       |
| <i>Expository Writing</i>                  |  |         |
| EXPOS-UA 1                                 | Writing The Essay:                                       | 4       |
| ACE-UE 110                                 | Advanced College Essay: Educ & The Professions           | 4       |
| <i>Foundations of Contemporary Culture</i> |  |         |
|  | Texts and Ideas <sup>1</sup>                             | 4       |
|  | Cultures and Contexts <sup>1</sup>                       | 4       |
|  | Expressive Culture <sup>1</sup>                          | 4       |
|  | Societies and the Social Sciences <sup>1</sup>           | 4       |
| <i>Foundations of Scientific Inquiry</i>   |  |         |
| NUTR-UE 1068                               | Introduction to Human Physiology                         | 4       |
| UGPH-GU 20                                 | Biostatistics for Public Health                          | 4       |
|  | Select one of the following:                             | 4       |
| BIOL-UA 11                                 | Principles of Biology I                                  |         |
| CORE-UA 306                                | Life Science: Brain and Behavior                         |         |
|  | Other course by Advisement                               |         |
| <i>Unrestricted Liberal Arts Electives</i> |  |         |
|  | Select 16 credits of Unrestricted Liberal Arts Electives | 16      |
| <i>Additional Requirements</i>             |  |         |
| SAHS-UE 1                                  | New Student Seminar                                      | 0       |
|  | Writing Proficiency Examination                          |         |
| <b>Specialization Requirements</b>         |  |         |
| <i>Public Health Core Content</i>          |  |         |

|            |  |   |
|------------|--|---|
| UGPH-GU 10 | Health and Society in a Global Context | 4 |
| UGPH-GU 30 | Epidemiology for Global Health         | 4 |
| UGPH-GU 50 | Environmental Health in a Global World | 4 |
| UGPH-GU 40 | Health Policy in a Global World        | 4 |

### *Public Health Elective*

Select one of the following: 4

|            |   |  |
|------------|---|--|
| UGPH-GU 15 | Introduction to Bioethics                                   |  |
| UGPH-GU 25 | Public Health Ethics  |  |
| UGPH-GU 35 | Behavioral Risk-Taking in the Global Context                |  |
| UGPH-GU 55 |   |  |
| UGPH-GU 65 | Public Health Approaches to Sexually Transmitted Infections |  |

|              |   |  |
|--------------|---|--|
| UGPH-GU 75   |   |  |
| UGPH-GU 293  | Global Medicine and Disease: The Challenges We Face |  |
| UPADM-GP 101 | The Politics of Public Policy                       |  |

Other courses by advisement

### *Public Health Internship*

|            |   |   |
|------------|---|---|
| UGPH-GU 60 | Undergraduate Experiential Learning in Global Public Health | 4 |
|------------|---|---|

### *Food Studies Core Content*

|              |                                      |   |
|--------------|--------------------------------------|---|
| FOOD-UE 71   | Fd Issues of Cont Societ             | 4 |
| FOOD-UE 1033 | Food Systems: Food and Agriculture   | 4 |
| FOOD-UE 1051 | Food and Identity                    | 4 |
| FOOD-UE 1056 | Internship in Food Stud & Food Mgmt  | 3 |
| FOOD-UE 1118 | Research in Food Studies             | 2 |
| FOOD-UE 1130 | Commun Workshop in Foods & Nutrition | 2 |
| FOOD-UE 1135 | Essentials of Cuisine:               | 3 |
| FOOD-UE 1180 | Food and Nutrition Global Society    | 4 |
| FOOD-UE 1204 | Food in The Arts:                    | 2 |
| FOOD-UE 1210 | Introduction to Food History         | 4 |
| FOOD-UE 1217 | Advanced Foods:                      | 3 |
| NUTR-UE 85   | Intro to Foods and Food Science      | 3 |
| NUTR-UE 91   | Food Management Theory               | 3 |
| NUTR-UE 119  | Nutrition and Health                 | 3 |

**Total Credits** 128

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Steinhardt Liberal Arts Core (<http://steinhardt.nyu.edu/advisement/LAC/>)

## Sample Plan of Study

| Course                   | Title                                  | Credits   |
|--------------------------|--|-----------|
| <b>1st Semester/Term</b> |  |           |
| SAHS-UE 1                | New Student Seminar                    | 0         |
|                          | Texts and Ideas                        | 4         |
| NUTR-UE 85               | Intro to Foods and Food Science        | 3         |
| FOOD-UE 71               | Fd Issues of Cont Societ               | 4         |
| EXPOS-UA 1               | Writing The Essay:                     | 4         |
|                          | <b>Credits</b>                         | <b>15</b> |
| <b>2nd Semester/Term</b> |  |           |
| FOOD-UE 1051             | Food and Identity                      | 4         |
| UGPH-GU 10               | Health and Society in a Global Context | 4         |
| FOOD-UE 1204             | Food in The Arts:                      | 2         |
| NUTR-UE 119              | Nutrition and Health                   | 3         |

|                                   |   |            |
|-----------------------------------|---|------------|
| ACE-UE 110                        | Advanced College Essay: Educ & The Professions              | 4          |
| <b>Credits</b>                    |   | <b>17</b>  |
| <b>3rd Semester/Term</b>          |   |            |
| FOOD-UE 1210                      | Introduction to Food History                                | 4          |
| UGPH-GU 20                        | Biostatistics for Public Health                             | 4          |
| Societies and the Social Sciences |   | 4          |
| Foreign Language                  |   | 4          |
| <b>Credits</b>                    |   | <b>16</b>  |
| <b>4th Semester/Term</b>          |   |            |
| FOOD-UE 1033                      | Food Systems: Food and Agriculture                          | 4          |
| Elective                          |   | 4          |
| Expressive Culture                |   | 4          |
| Foreign Language                  |   | 4          |
| <b>Credits</b>                    |   | <b>16</b>  |
| <b>5th Semester/Term</b>          |   |            |
| UGPH-GU 30                        | Epidemiology for Global Health                              | 4          |
| FOOD-UE 1217                      | Advanced Foods:   | 3          |
| NUTR-UE 1068                      | Introduction to Human Physiology                            | 4          |
| FOOD-UE 1180                      | Food and Nutrition Global Society                           | 4          |
| <b>Credits</b>                    |   | <b>15</b>  |
| <b>6th Semester/Term</b>          |   |            |
| FOOD-UE 1130                      | Commun Workshop in Foods & Nutrition                        | 2          |
| UGPH-GU 40                        | Health Policy in a Global World                             | 4          |
| FOOD-UE 1135                      | Essentials of Cuisine:                                      | 3          |
| FOOD-UE 1118                      | Research in Food Studies                                    | 2          |
| FOOD-UE 1056                      | Internship in Food Stud & Food Mgmt                         | 1-6        |
| NUTR-UE 91                        | Food Management Theory                                      | 3          |
| <b>Credits</b>                    |   | <b>17</b>  |
| <b>7th Semester/Term</b>          |   |            |
| UGPH-GU 50                        | Environmental Health in a Global World                      | 4          |
| Cultures and Contexts             |   | 4          |
| Elective                          |   | 4          |
| Physical/Life Science             |   | 4          |
| <b>Credits</b>                    |   | <b>16</b>  |
| <b>8th Semester/Term</b>          |   |            |
| UGPH-GU 60                        | Undergraduate Experiential Learning in Global Public Health | 4          |
| Elective                          |   | 4          |
| Elective                          |   | 4          |
| Public Health Elective            |   | 4          |
| <b>Credits</b>                    |   | <b>16</b>  |
| <b>Total Credits</b>              |   | <b>128</b> |

## Policies

### NYU Policies

University-wide policies can be found on the New York University Policy pages (<https://bulletins.nyu.edu/nyu/policies/>).

### Steinhardt Academic Policies

Additional academic policies can be found the Steinhardt academic policies page (<https://bulletins.nyu.edu/undergraduate/culture-education-human-development/academic-policies/>).

## Learning Outcomes

Upon successful completion of the program, graduates will:

1. Discuss and explain the various and diverse roles of food, nutrition, and health in society.
2. Apply research methods and scientific evidence to the examination of current problems in food, nutrition and health.
3. Think critically, analyze complex and diverse concepts, and use reason and judgment.
4. Communicate effectively, both orally and in writing, in different educational and workplace settings.
5. Demonstrate skills and competencies consistent with best practices in nutrition and food studies.