

APPLIED PSYCHOLOGY (BS)

Department Website (<https://steinhardt.nyu.edu/degree/bs-applied-psychology/>)

NYSED: 84288 **HEGIS:** 2101.00 **CIP:** 42.2799

Program Description

The Bachelor of Science program in Applied Psychology is an interdisciplinary program designed to teach students to bridge psychological theory, research, and practice to solve everyday problems in a multicultural world. Applied psychologists focus on diverse issues such as learning development, and schooling, race, culture, and ethnicity, sexuality, religion, public health, and mental health and wellness. Applied psychologists work with diverse populations including children and youth, families and communities, educators, as well as practitioners and policymakers across various agencies and other organizations.

The program provides students with practical learning experiences that help them understand the range of work environments in the field of psychology and the many ways that psychology is applied in both research and real-world settings; invaluable knowledge that helps our students make informed career decisions.

The undergraduate major in Applied Psychology combines a broad-based liberal arts component with required courses in counseling/clinical work, developmental, social/community psychology, as well as statistics and research methodology.

Specialization electives enable our students to deepen their knowledge on a specific subfield of their choice within psychology or to explore an area of interest in a related discipline.

A two-semester fieldwork sequence offers students the opportunity for professional development and career exploration in research and community-based settings, which helps each student build a portfolio of experience for seeking an entry-level position or pursuing graduate study.

Students who select a supervised field experience in a community-based setting gain essential professional skills as they perform intake interviews at community centers, mentor children or adolescents in schools or after-school programs, or volunteer in hospital settings. Students who select the research option gain essential research skills such as collecting, coding, and analyzing data. Applied psychology students have participated in a number of faculty research projects, including an intervention study bridging home and school practices for culturally and linguistically diverse children, an advocacy research project with young girls who are involved with the juvenile justice system, and an intervention study serving families of youth exhibiting behavioral disorders such as ADHD and ODD.

Students have the opportunity to combine the applied and research options. All Applied Psychology majors conclude their studies with a qualitative research project that integrates the knowledge they have gained through their fieldwork experience with the psychological theory and research learned in their coursework. Select seniors have an opportunity to present their work to fellow students and faculty in a professional forum, the Applied Psychology Undergraduate Research Conference.

Double Majors & Dual Degrees

Applied Psychology majors may double major or minor in another subject. Students typically pursue a double major or minor in the social science, science, or humanities discipline they choose for their required sequence. Depending on the choice of second major or minor, students may need additional courses beyond the 128 units required for the bachelor's degree.

See Applied Psychology (<https://steinhardt.nyu.edu/programs/applied-psychology/>) for additional details.

Honors

- Psi Chi National Honor Society in Psychology
- Departmental Honors: Senior Honors Seminar for selected students with at least a 3.5 GPA, culminating in an independent, data-based research project on a topic of your choice within the field of psychology under the mentorship of an Applied Psychology faculty member

Applied Psychology students with a record of exceptional achievement are welcome to apply to our Honors Program. Seniors accepted to the program are required to conduct an independent research project on a topic of their choice under the close mentorship of an Applied Psychology faculty member.

In many cases, the Honors project will be part of a larger project being worked on by a research mentor and their team. Conversely, a student might also develop an original small-scale research project to conduct under the supervision of their research mentor. Students who are accepted into the Honors program will have the opportunity to submit their project for review and presentation to the annual Undergraduate Research Conference website (<https://sites.google.com/nyu.edu/nyu-apug-research-conference/home/>) held late in Spring semester.

Please note: Once a student has been accepted into the Honors Program, and they have confirmed their intention to join the program, the student must continue with the program until the end of that semester.

Criteria for Acceptance into Honors Program

Each student's application will be evaluated by three blind reviewers, faculty members, who rate the application on the following areas, from a scale of one to five (5 being the best score):

- Quality of proposed project
- Feasibility of proposed project
- Relevance to the field of Applied Psychology
- Student's academic record
- Evidence of a solid relationship with the research mentor
- Evidence of mentor's commitment to the project

Graduating with Honors

All students in the Honors Program are required to take a two-semester Honors seminar. This seminar must be taken in the Fall and Spring semesters of the Senior year.

To graduate with Honors, students must have a cumulative and major GPA of at least a 3.65 at the time of graduation, as well as an A in both Honors seminars and at least an A- in Seminar in Applied Psychology I and II.

Admissions

New York University’s Office of Undergraduate Admissions supports the application process for all undergraduate programs at NYU. For additional information about undergraduate admissions, including application requirements, see How to Apply (<https://www.nyu.edu/admissions/undergraduate-admissions/how-to-apply.html>).

Program Requirements

The Bachelor of Science in Applied Psychology requires students to complete a total of 128 credits: 60 credits in liberal arts and 68 credits in the major. In addition to 32 credits of specified liberal arts courses, students complete a 12-credit concentration of courses in a single discipline of their choice, other than psychology. There are 16 credits of liberal arts electives that allow students to explore a variety of liberal arts subjects or to declare a minor.

The Applied Psychology major consists of 12 credits of required courses in psychology, 16 credits of core electives in psychology, 12 credits of research skills courses, 8 credits of field experiences, 8 credits of specialization electives, and 12 credits of unrestricted electives.

Note: Steinhardt requires all first-year and transfer students to enroll in SAHS-UE 1 New Student Seminar.

Course	Title	Credits
Major Requirements		
<i>Liberal Arts Requirements</i>		
<i>Foreign Language</i>		
Select four credits of a foreign language		4
<i>Expository Writing</i>		
EXPOS-UA 1	Writing The Essay:	4
ACE-UE 110	Advanced College Essay: Educ & The Professions	4
<i>Foundations of Contemporary Culture</i>		
Texts and Ideas		4
Cultures and Contexts		4
Expressive Culture		4
<i>Foundations of Scientific Inquiry</i>		
Select one of the following:		4
Quantitative Reasoning		
Any Mathematics Course		
Physical/Life Science or any science course		4
<i>Interdisciplinary Electives</i>		
Select a discipline in the social sciences, sciences or humanities and take one introductory course and two advanced courses in the same discipline.		12
<i>Liberal Arts Electives</i>		
Select 16 credits of Liberal Arts Electives		16
<i>Additional Requirements</i>		
SAHS-UE 1	New Student Seminar	0
Specialization Requirements		
<i>Required Psychology Core</i>		
APSY-UE 2	Introduction to Psychology and Its Principles	4
APSY-UE 10	Developmental Psychology	4
APSY-UE 1050	The Cultures of Psychology	4
<i>Restricted Psychology Electives</i>		
Select one course from each of the following three content areas:		12

Social/Community	
Clinical/Counseling	
Developmental/Learning	
Select one additional course from the content areas list	
<i>Research Skills</i>	
APSTA-UE 1085	Basic Statistics I
or PSYCH-UA 10	Statistics for The Behavioral Sciences
APSY-UE 25	Research Methods in Applied Psychology I
APSY-UE 1137	Research Methods in Applied Psychology II
<i>Field Experiences</i>	
APSY-UE 1124	Seminar in Applied Psychology I: Principles & Practices
APSY-UE 1125	Seminar in Applied Psychology II: Theory, Research & Practice
<i>Specialization Electives</i>	
Select eight credits of specialization electives by advisement	
Select 12 credits of unrestricted electives by advisement	
Total Credits	

Dual Degree Requirements

Applied Psychology/Education Studies (BS/BA)

Applied Psychology and Education Studies offer a double major totaling 128 credits. Students have until the start of their junior year to declare this double major. Students selecting this double major follow the program of study for each major. An adviser helps students in the program to meet all requirements within the standard timeframe for graduation. This double major provides excellent preparation for careers and graduate programs in psychology, education, policy, and related areas.

Course	Title	Credits
Liberal Arts Requirements		
Foreign Language		4
EXPOS-UA 1	Writing The Essay:	4
ACE-UE 110	Advanced College Essay: Educ & The Professions	4
PHED-UE 10	Learning and The Meaning of Life	4
Cultures and Contexts		4
Expressive Culture		4
APSTA-UE 1085	Basic Statistics I	4
or PSYCH-UA 10	Statistics for The Behavioral Sciences	
Physical/Life Science (or any science course by advisement)		4
<i>Education Studies Area Specialization</i>		16
Students must take 4 courses in one of the following areas by advisement:		
Global and Urban Education		
Politics Policies and Social Entrepreneurship		
Arts, Language, and Cultures		
Families, Community Health, and Human Development		
<i>Liberal Arts Electives</i>		
HSED-UE 1005	Introduction to US Education	4
INTE-UE 10	Introduction to Global Education	4
<i>Restricted Education Studies Elective</i>		4

Students must choose 1 course from the options below:

ARTCR-UE 55	Art of Now
ARTCR-UE 10	Art: Practice & Ideas
MPADE-UE 1278	Dance as an Art Form
MPAET-UE 60	Theatre as Art Form
MCC-UE 1	Introduction to Media Studies
MCC-UE 1002	Space and Place in Human Communication

Major Requirements

SAHS-UE 1	New Student Seminar	0
APSY-UE 2	Introduction to Psychology and Its Principles	4
APSY-UE 10	Developmental Psychology	4
APSY-UE 1050	The Cultures of Psychology	4

Restricted Psychology Electives

Students must choose 1 course from each of the following 3 content areas:

Social/Community
Developmental/Learning
Clinical/Counseling

Students must choose an additional course from any of the content areas above

Research Skills

TCHL-UE 30	Thinking Qualitatively	4
APSY-UE 25	Research Methods in Applied Psychology I	4
APSY-UE 1137	Research Methods in Applied Psychology II	4

Field Experience

APSY-UE 1124	Seminar in Applied Psychology I: Principles & Practices	4
APSY-UE 1125	Seminar in Applied Psychology II: Theory, Research & Practice	4

Specialization electives (2 courses, by advisement) 8

Unrestricted Electives

EDLED-UE 1005	Intro to Education Policy Analysis	3-4
TCHL-UE 41	American Dilemmas: Race, Inequality, and the Unfulfilled	4
EDST-UE 1990	Senior Seminar	4

Total Credits 128

Global Public Health/Applied Psychology (BS)

The Global Public Health/Applied Psychology major provides interdisciplinary training that combines psychological theory, research, and practice with public health principles with the goal of improving health outcomes among diverse populations. The undergraduate major connects with the mission of the Department of Applied Psychology to prepare students to understand and to intervene in human development across contexts and cultures.

Course	Title	Credits
Liberal Arts Requirements		
Foreign Language		4
EXPOS-UA 1	Writing The Essay:	4
ACE-UE 110	Advanced College Essay: Educ & The Professions	4
Texts and Ideas		4
Cultures and Contexts		4
Expressive Culture		4

UGPH-GU 20 or PSYCH-UA 10	Biostatistics for Public Health Statistics for The Behavioral Sciences	4
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Physical/Life Science 4

Interdisciplinary Electives ¹ 12

Unrestricted Liberal Arts Electives 16

Major Requirements

Public Health Core

UGPH-GU 10	Health and Society in a Global Context	4
UGPH-GU 30	Epidemiology for Global Health	4
UGPH-GU 50	Environmental Health in a Global World	4
UGPH-GU 40	Health Policy in a Global World	4

Psychology Core

APSY-UE 2	Introduction to Psychology and Its Principles	4
APSY-UE 10	Developmental Psychology	4
APSY-UE 1050	The Cultures of Psychology	4

Restricted Psychology Electives ² 12

Students must choose 1 course from each content area below:

Social/Community
Clinical/Counseling
Developmental/Learning

Electives

Choose any 2 courses from the following list of public health and psychology courses 8

Public Health Electives

UGPH-GU 35	Behavioral Risk-Taking in the Global Context
UGPH-GU 80	Public Health Entrepreneurial Ventures
UGPH-GU 90	
UGPH-GU 110	
UGPH-GU 158	
UGPH-GU 293	Global Medicine and Disease: The Challenges We Face

Psychology Electives

APSY-UE 5	Community Psychology
APSY-UE 1270	Social Intervention in Schools and Communities
APSY-UE 1278	Families, Schools, and Child Development
APSY-UE 1279	Child Development and Social Policy in a Global Society
APSY-UE 1031	Mental Health: Historical, Social and Political Perspectives
APSY-UE 1032	Psychology & Social Change
APSY-UE 1041	Women and Mental Health: A Life Cycle Perspective
APSY-UE 1682	Multicultural Counseling and Mental Health

Research Skills

APSY-UE 25	Research Methods in Applied Psychology I	4
APSY-UE 1137	Research Methods in Applied Psychology II	4

Field Experiences

APSY-UE 1124	Seminar in Applied Psychology I: Principles & Practices	4
APSY-UE 1125	Seminar in Applied Psychology II: Theory, Research & Practice	4

UGPH-GU 60	Undergraduate Experiential Learning in Global Public Health	4
Total Credits		128

1

Choose one discipline other than psychology in the social sciences, sciences or humanities and take one introductory course and two advanced courses in the discipline.

2

Please visit the Applied Psychology website (<https://steinhardt.nyu.edu/degree/bs-global-public-health-applied-psychology/curriculum/>) for a list of courses categorized by content area.

Applied Psychology/Counseling for Mental Health (BS/MA)

The program combines core courses and content electives with counseling labs and internships. In addition to undergraduate applied psychology courses, students will complete graduate courses in counseling foundations, theory and process, ethical issues, group dynamics, crosscultural counseling, abnormal psychology, and human growth and development. All students are required to complete an internship. After completing the required courses, students can seek New York State Licensure in Mental Health Counseling.

Course	Title	Credits
Liberal Arts Requirements		
Foreign Language		4
EXPOS-UA 1	Writing The Essay:	4
ACE-UE 110	Advanced College Essay: Educ & The Professions	4
Texts and Ideas		4
Cultures and Contexts		4
Expressive Culture		4
Quantitative Reasoning (or any mathematics course)		4
Physical/Life Science		4
Interdisciplinary Electives ¹		12
Liberal Arts Electives		16
Major Requirements		
<i>Psychology Core</i>		
APSY-UE 2	Introduction to Psychology and Its Principles	4
APSY-UE 10	Developmental Psychology	4
APSY-UE 1050	The Cultures of Psychology	4
Restricted Psychology Electives		
Students must choose 1 course from each of the following areas:		
<i>Social/Community</i>		
APSY-UE 5	Community Psychology	4
APSY-UE 13	Social Psychology	4
APSY-UE 85	Science of Human Connection	4
APSY-UE 1032	Psychology & Social Change	4
APSY-UE 1270	Social Intervention in Schools and Communities	4
APSY-UE 1278	Families, Schools, and Child Development	4
APSY-UE 1279	Child Development and Social Policy in a Global Society	4
<i>Clinical/Counseling</i>		
APSY-UE 19	Introduction to Personality Theories	4
APSY-UE 1012	The Counseling Interview	4

APSY-UE 1031	Mental Health: Historical, Social and Political Perspectives	4
APSY-UE 1041	Women and Mental Health: A Life Cycle Perspective	4
APSY-UE 1110	Sexual Identities Across The Lifespan	4
APSY-UE 1682	Multicultural Counseling and Mental Health	4
Students must choose an additional elective from one of the categories above		4
<i>Developmental/ Learning</i>		
APSY-GE 2138	Human Growth and Development	3
<i>Seminar Sequence</i>		
APSY-UE 1124	Seminar in Applied Psychology I: Principles & Practices	4
APSY-UE 1125	Seminar in Applied Psychology II: Theory, Research & Practice	4
<i>Research Skills</i>		
APSTA-UE 1085	Basic Statistics I	4
or PSYCH-UA 10	Statistics for The Behavioral Sciences	4
APSY-UE 25	Research Methods in Applied Psychology I	4
APSY-GE 2070	Research and Evaluation Methods in Behavioral Sciences	3
Graduate Courses (taken Senior year)		
APSY-GE 2682	Cross-Cultural Counseling	3
APSY-GE 2812	Practicum in Counseling for Mental Health and Wellness	3
APSY-GE 2661	Foundations of Counseling for Mental Health and Wellness	3
APSY-GE 2657	Individual Counseling: Theory and Process	3
APSY-GE 2038	Abnormal Psychology	3
APSY-GE 2658	Lab in Individual Counseling Skills	3
APSY-GE 2651	Prof Orientation & Ethics for Counseling in Mental Hlth & Wellness	3
APSY-GE 2620	Group Dynamics: Theory and Practice	3
APSY-UE —	Undergraduate course by advisement	3
APSY-GE 2634	The Dynamics of Vocational Development	3
APSY-GE 2655	Internship in Counseling Mental Health and Wellness I	3
APSY-GE 2656	Internship in Counseling Mental Health and Wellness II	2-4
APSY-GE 2672	Interpretation and Use of Tests in Counseling Adults	3
APSY-GE 2663	Program Development and Evaluation in Counseling	3
APSY-GE 2273		0
Applied Content Area		15
Total Credits		158

1

Students choose a discipline other than psychology in the social sciences, sciences or humanities and take one introductory course and two advanced courses in that discipline.

Sample Plan of Study

Course	Title	Credits
1st Semester/Term		
EXPOS-UA 1	Writing The Essay:	4
APSY-UE 2	Introduction to Psychology and Its Principles	4
SAHS-UE 1	New Student Seminar	0
CORE-UA ----	Core Requirement	4
Liberal Arts Elective		4
Credits		16
2nd Semester/Term		
ACE-UE 110	Advanced College Essay: Educ & The Professions	4
CORE-UA ----	Core Requirement	4
Restricted Psychology Elective		4
Liberal Arts Elective		4
Credits		16
3rd Semester/Term		
APSY-UE 10	Developmental Psychology	4
CORE-UA ----	Core Requirement	4
Interdisciplinary Elective Sequence		4
Liberal Arts Elective		4
Credits		16
4th Semester/Term		
UGPH-GU 20 or PSYCH-UA 10	Biostatistics for Public Health or Statistics for The Behavioral Sciences	4
CORE-UA ----	Core Requirement	4
Restricted Psychology Elective		4
Foreign Language		4
Credits		16
5th Semester/Term		
APSY-UE 25	Research Methods in Applied Psychology I	4
CORE-UA ----	Core Requirement	4
Interdisciplinary Elective		4
Specialization Elective		4
Credits		16
6th Semester/Term		
APSY-UE 1137	Research Methods in Applied Psychology II	4
APSY-UE 1124	Seminar in Applied Psychology I: Principles & Practices	4
Liberal Arts Elective		4
Unrestricted Elective		4
Credits		16
7th Semester/Term		
APSY-UE 1125	Seminar in Applied Psychology II: Theory, Research & Practice	4
Interdisciplinary Elective		4
Restricted Psychology Elective		4
Unrestricted Elective		4
Credits		16
8th Semester/Term		
APSY-UE 1050	The Cultures of Psychology	4
Restricted Psychology Elective		4
Specialization Elective		4
Unrestricted Elective		4
Credits		16
Total Credits		128

2. Demonstrate a solid scientific and research background, develop critical thinking skills, and apply knowledge gained in lectures and reading to research and the practice of psychology.
3. Use effective written and oral communication skills to analyze, synthesize, and disseminate information.
4. Demonstrate readiness to enter the field as a professional as defined by the fieldwork core competencies (i.e., cognitive, behavioral, and communication).

Policies STEM OPT Benefits for International Students

If you're an international student, you may be able to work in the United States after graduation for an extended period of time. Most students studying on F-1 visas will be eligible for 12 months of Optional Practical Training (OPT) off-campus work authorization. F-1 students in this program may also be eligible for the STEM (Science, Technology, Engineering, or Mathematics) OPT extension, allowing you to extend your time in the United States to pursue degree-related work experience for a total of 36 months or 3 years. For more information on who can apply for this extension visit NYU's Office of Global Services: STEM OPT (<http://www.nyu.edu/students/student-information-and-resources/student-visa-and-immigration/alumni/extend-your-opt/stem-opt.html>).

NYU Policies

University-wide policies can be found on the New York University Policy pages (<https://bulletins.nyu.edu/nyu/policies/>).

Steinhardt Academic Policies

Additional academic policies can be found the Steinhardt academic policies page (<https://bulletins.nyu.edu/undergraduate/culture-education-human-development/academic-policies/>).

Learning Outcomes

Upon successful completion of the program, graduates will:

1. Demonstrate a broad understanding of psychology as a social and behavioral science, and explore its connection to other disciplines.