

CHILD AND ADOLESCENT MENTAL HEALTH STUDIES (MINOR)

Department Website (<http://nyulmc.org/childpsychcams/>)

Program Description

Offered by the College of Arts and Science in cooperation with the Department of Child and Adolescent Psychiatry (DCAP) at NYU Langone Health, this minor aims to heighten students' awareness of childhood mental health issues and their sustained impact on adolescents and adults. In the Child and Adolescent Mental Health Studies (CAMS) minor, students will (1) explore the relationship between human behavior and its biological and environmental bases; (2) be challenged to think critically about the concepts of "normal" or "typical" versus "abnormal" behavior and engage in a meta-level analysis of the social, historical, and cultural context of mental health, illness, and diagnosis; and (3) be encouraged to consider how their future career can have a beneficial impact on the mental health of children, adolescents, and families.

Minor Declaration

CAS students: please contact CSC.Cams@nyulangone.org (CSCCams@nyulangone.org) and include your full name and N number to declare the minor. All other NYU students: please declare the minor via the cross-school minor application on Albert. Students may also use the Minor Application in Albert to request cancellation of a CAS or cross-school minor. For more information, please contact the CAMS adviser at CSC.Cams@nyulangone.org (CSCCams@nyulangone.org).

Program Requirements

The minor in Child and Adolescent Mental Health Studies (CAMS) requires the completion of at least 18 credits (usually five courses) completed with a grade of C or better (courses graded Pass/Fail do not count) as follows:

Course	Title	Credits
Minor Requirements		
CAMS-UA 101	Child & Adolescent Psychopathology ¹	4
Complete at least two more CAMS-UA courses (minimum 8 credits)		8
Complete two additional courses, either from CAMS-UA offerings or from approved non-departmental courses (6-8 credits) ²		6-8
Total Credits		18-20

¹ Required of all minors and is a prerequisite for some advanced CAMS courses.

² For a list of these approved non-CAMS courses, please see below.

Courses in Other Departments

Up to two preapproved courses outside of CAMS-UA may be applied to the minor; this is subject to double-counting restrictions as noted on the policies tab. (Many of them have prerequisites, which are noted in the course descriptions of the sponsoring departments.) Courses taken outside of the College of Arts and Science in the other schools of NYU count against each CAS student's allowance of 16 non-CAS credits and

also cannot be applied toward the 64-credit residency requirement in UA courses.

Please see below for the list of non-departmental approved courses within the College of Arts and Science that can count toward the CAMS Minor.

Course	Title	Credits
NEURL-UA 100	Introduction to Neural Science	4
NEURL-UA 220	Behavioral and Integrative Neuroscience	4
NEURL-UA 305	Development and Dysfunction of the Nervous System	4
PSYCH-UA 1	Intro to Psychology	4
PSYCH-UA 25	Cognitive Neuroscience	4
PSYCH-UA 29	Cognition	4
PSYCH-UA 30	Personality	4
PSYCH-UA 34	Developmental Psychology	4
PSYCH-UA 51	Abnormal Psychology	4
SOC-UA 451	The Family	4

Please see below for the list of non-departmental approved courses outside of the College of Arts and Science that can count towards the CAMS Minor.

Course	Title	Credits
APSY-UE 2	Introduction to Psychology and Its Principles	4
APSY-UE 10	Developmental Psychology	4
APSY-UE 19	Introduction to Personality Theories	4
APSY-UE 1038	Abnormal Psychology	4
APSY-UE 1041	Women and Mental Health: A Life Cycle Perspective	4
APSY-UE 1110	Sexual Identities Across The Lifespan	4
APSY-UE 1214	Children's Learning: Theory & Research	4
APSY-UE 1271	Developmental Psychology Across the Lifespan	3
APSY-UE 1272	Adolescent Development	4
APSY-UE 1278	Families, Schools, and Child Development	4
APSY-UE 1279	Child Development and Social Policy in a Global Society	4
APSY-UE 1280	Parenting and Culture	4
CSCD-UE 1601	Speech & Language Development in Children	4
CSCD-UE 1701	Intro to Speech & Language Disorders in Children	4
ENGED-GE 2521	Lit & The Adolescent Experience	3
TCHL-UE 1030	Teaching Language and Literacy in the Disciplines	4
UNDSW-US 21	Human Behavior in The Social Environment I	4
UNDSW-US 53	Modern Families: Services to Children & Marginalized Households	4

Learning Outcomes

In the Child and Adolescent Mental Health Studies (CAMS) minor, students will:

1. Explore the relationship between human behavior and its biological and environmental bases.
2. Be challenged to think critically about the concepts of "normal" or "typical" versus "abnormal" behavior and engage in a meta-level analysis of the social, historical, and cultural context of mental health, illness, and diagnosis.

3. Be encouraged to consider how their future career can have a beneficial impact on the mental health of children, adolescents, and families.

Policies

Policies Applying to the Minor

Students may take 2-credit CAMS-UA courses, so long as they satisfy the required minimum of 18 credits to complete the minor.

Courses taken for the CAMS minor cannot be applied to another major or minor, unless a student is a Psychology major at the NYU College of Arts and Science; a Social Work major at the NYU Silver School of Social Work; a student in the Department of Teaching and Learning at NYU Steinhardt; or a Nursing student at the NYU Rory Meyers College of Nursing. Note well that a College of Arts and Science student who double counts a major (or other minor) course toward the CAMS minor cannot also double count a CAMS course toward the major (or other minor).

Psychology and Social Work majors (or minors) may count one and only one course toward both the CAMS minor and their major (or minor). In the specific case of Psychology, the only permissible double counting is either PSYCH-UA 1 or the equivalent AP credit.

Neural Science majors may count one major course toward the CAMS minor, but no CAMS courses are allowed to count toward the major in Neural Science.

Teaching and Learning students at NYU Steinhardt may double count one of the following applied psychology courses toward their major and the CAMS minor: APSY-UE 20, 21, 22, 23 (2 credits each).

Nursing students at NYU Rory Meyers College of Nursing may count both PSYCH-UA 1 Intro to Psychology and APSY-UE 1271 Developmental Psychology Across the Lifespan toward their major and the CAMS minor. To complete the CAMS minor, Nursing students must take an additional three courses selected from the CAMS course offerings, one of which must be CAMS-UA 101 Child & Adolescent Psychopathology.

NYU Policies

University-wide policies can be found on the New York University Policy pages (<https://bulletins.nyu.edu/nyu/policies/>).

College of Arts and Science Policies

A full list of relevant academic policies can be found on the CAS Academic Policies page (<https://bulletins.nyu.edu/undergraduate/arts-science/academic-policies/>).