we recommend the following premedical courses:

- general biology with lab
- general physics with lab
- statistics
- genetics
- English
- We consider courses completed at schools of dentistry, nursing, veterinary medicine, or pharmacy as part of your application materials but do not provide credit for such courses.

Medical College Admissions Test
Your score on the Medical College Admission Test (https://students-residents.aamc.org/applying-medical-school/taking-mcat-exam/) (MCAT), a standardized, multiple-choice examination, helps our admissions committee assess your ability to solve problems and think critically about behavioral and scientific concepts. You take the test no later than September of the year you apply to medical school.

We consider MCAT scores only from three years prior to your expected matriculation date. For example, if you plan to enroll in fall 2025, the oldest acceptable MCAT score would be from January 2022.

The median and average MCAT scores among students in our most recent incoming class were 3.96 and 3.92, respectively.

Letters of Evaluation
Providing letters of evaluation is part of the NYU Grossman School of Medicine application process. We require a premedical committee appraisal letter (preferred) or two letters from professors who taught you in courses (at least one in science). Nontraditional applicants are encouraged to submit two letters of recommendation from colleagues with whom you've worked closely.

Applicants must submit letters of recommendation via the AMCAS Letter Service by the November 15 deadline. Do not send any letters directly to NYU Grossman School of Medicine. Please consult AMCAS FAQs for additional instructions and be sure to review the guidelines for Letters of Evaluation (https://students-residents.aamc.org/applying-medical-school/article/section-6-letters-evaluation/).

Technical Standards and Criminal Background Check
All accepted applicants meet NYU Grossman School of Medicine's technical standards (https://med.nyu.edu/education/md-degree/current-md-students/student-handbook/#som-technical-standards), which define the physical, mental, emotional, and social abilities that support success in medical school. You also complete a criminal background check, at no additional cost, to ensure patient safety.

Program Requirements
NYU Grossman School of Medicine trains future physicians with an innovative, flexible MD degree curriculum known as the Curriculum for the 21st Century, or C21. Our program enables students to master the knowledge and skills necessary to succeed in medicine and provides opportunities to customize their studies at designated points in their training.

Whether it's gaining early acceptance to a residency program with the accelerated three-year MD pathway (https://med.nyu.edu/education/md-degree/accelerated-three-year-md/), training to become a physician-
scientist with our MD/PhD degree (https://med.nyu.edu/research/sackler-institute-graduate-biomedical-sciences/md-phd-program/), or exploring a professional area that complements the MD degree with one of our dual MD/master’s degrees (https://med.nyu.edu/education/md-degree/dual-md-masters-degrees/), C21 offers many options for students to achieve their own personal career goals.

C21 provides patient-centered and disease-focused training to help students make connections between basic science concepts learned in the classroom and their real-world clinical application. In your clerkship year and beyond, those concepts are reinforced through daily patient contact, online and simulation exercises offered at NYSIM, the New York Simulation Center for the Health Sciences, and progress assessments. Diversity and health disparities are also explored in the context of C21.

The following schematic shows a student’s typical progression through our MD curriculum:

**Stage One: Preclerkship Curriculum**

Stage one of the MD curriculum at NYU Grossman School of Medicine features 11 months of interdisciplinary preclerkship modules that cover foundational basic science concepts in biology, anatomy, physiology, and pathophysiology. Preclerkship education includes a concurrent Foundational Clinical Skills module that provides opportunities for students to participate in clinical learning experiences with patients.

This integrated educational experience gives you the opportunity to apply concepts learned in the classroom to real-life patient scenarios. You gain insight into the behavioral and social aspects of practicing medicine that help you develop the necessary skills to interact with patients and other healthcare providers in your clerkships and internships.

**Preclerkship Modules**

The preclerkship modules you complete during your first year of medical school provide the biological and scientific knowledge you need for success in clerkships and beyond. We integrate overarching educational themes to provide you with a scaffolding for longitudinal learning.  

**Foundations of Medicine**

All students begin the first semester of medical studies with Foundations of Medicine, a module that emphasizes the key basic science concepts that underlie the practice of clinical medicine.

**Organ Systems Modules**

In the first-year organ systems modules, you participate in learning activities that focus on physiology, pathology, and pathophysiology integrated across the following human organ systems:

- cardiovascular
- pulmonary
- renal
- gastrointestinal
- endocrine and reproductive medicine
- neurology and psychiatry

You examine the effects of disease on each organ system and how each relates to the others. As you discover the pathophysiology underlying specific disease states, you develop the problem-solving skills necessary to diagnose and propose treatment options for each.

**Foundational Clinical Skills Module**

The Foundational Clinical Skills (FCS) module, woven throughout the preclerkship curriculum, allows you to combine concepts learned in the classroom and laboratory with bedside learning experiences. You learn core clinical skills that serve as the foundation for your clerkships, medical training, and practice beyond.

During the FCS module, you focus on bedside diagnosis and clinical reasoning. You also learn various communication and conflict-resolution techniques. Clinical teaching highlights respectful, responsive care that addresses each patient’s needs, preferences, and values. At the conclusion of year one, students have the opportunity to explore various career choices during an eight-week summer fellowship.

**Preparing for the Boards**

Upon completing the preclerkship curriculum, all students take the first part of the U.S. Medical Licensing Examination (USMLE), the three-part exam required for medical licensure, also known as “the boards.” USMLE Step 1 comprises a series of questions and problem-solving tasks that assess your ability to apply science fundamentals to the practice of medicine.

Topics covered on the USMLE Step 1 include the following:

- anatomy
- behavioral sciences
- biochemistry
- biostatistics
- epidemiology
- microbiology
- pathology
- pharmacology
- physiology

Additional USMLE Step 1 questions focus on aging, genetics, immunology, medical ethics, molecular and cell biology, and nutrition.

**Stage Two: Clerkship Year**

During core clerkships at NYU Grossman School of Medicine, you acquire invaluable experience on the wards and clinics at NYU Langone and our affiliated clinical training sites (https://med.nyu.edu/education/md-degree/md-curriculum/clinical-training-sites/). Over the course of 10
months, you develop the clinical judgment skills necessary to diagnose and treat patients.

You begin your clerkship year in October of your second year, months earlier than students at most other medical schools. This provides you with additional time to explore specialty or subspecialty areas that interest you through electives (https://med.nyu.edu/education/md-degree/md-curriculum/stage-three-individualized-exploration/elective-courses/), as well as in areas of concentration (https://med.nyu.edu/education/md-degree/md-curriculum/stage-three-individualized-exploration/scholarly-concentrations/) later in the curriculum.

The clerkship year begins with a two-week Transition to Clerkship course that prepares you for the clerkship experience. You review the skills essential for a smooth transition to clerkship year including the responsibilities that are expected of you as a member of a healthcare team.

### The Clerkship Experience

Our medical students take on a wide range of responsibilities during their clerkships. You may assist with labor and delivery during your obstetrics and gynecology rotation, suture incisions at the end of procedures during your surgery rotation, or place intravenous lines or catheters during your urology rotation in medicine.

As a clerkship student, you are integrated into the medical team and work with attending physicians, residents, and/or fellows as well as other interdisciplinary team members. You have the opportunity to spend invaluable time at the bedside learning from and educating your patients, presenting cases to your team, and developing diagnostic and treatment plans. Other likely tasks include writing patient notes and gathering diagnostic data, including lab and imaging test results.

At the end of each clerkship block, your performance is assessed in a number of ways including by your supervisors (attending physicians, residents, and/or fellows), through observed structured clinical examinations (OSCEs), submission of internal assignments (such as patient write-ups or quizzes), and National Board of Medical Examiners (NBME) subject exams. Clerkship grades comprise honors, high pass, pass, and fail.

### Electives

During your clerkship year, there are two weeks dedicated to elective rotations from a broad range of offerings across departments, which allow you to customize your education based on your professional interests.

As part of the 10-week surgery block, you also participate in a 2-week surgery-related elective. The surgery-related elective provides exposure to one of the following surgical subspecialties or surgically related procedural fields: anesthesiology, cardiothoracic surgery, emergency medicine, neurosurgery, ophthalmology, orthopedic surgery, otolaryngology, plastic surgery, interventional and diagnostic radiology, and urology.

### Integrated Clinical Skills

You participate in two one-week Integrated Clinical Skills (ICS) sessions in October and March, which take place between your clerkship blocks. These are intended to further strengthen and enhance your clinical skills training by building on both the Foundational Clinical Skills module in the preclerkship curriculum and experiences in the clinical environment during clerkships.

Topics are geared toward improving the clinical skills needed to provide patient care at the individual patient and systems level that is patient-centered, team-based, safe, high-value, and equitable and that incorporates evidenced-based best practices and emerging technologies. Examples of specific sessions include advanced communication skills such as goals of care discussions, point-of-care ultrasound training, and patient handoffs. The ICI sessions also focus on professional identity development, the opportunity to practice skills and receive feedback, and goals for subsequent clinical experiences.

These educational experiences include faculty- and student-led small group sessions, interactive didactics, panel discussions, workshops, and simulations at the New York Simulation Center for Health Sciences (NYSIM). Opens in a new tab.

### Shelf Exams

You take subject-specific standardized “shelf” exams to determine how well you understand materials presented in the medicine, neurology, obstetrics and gynecology, pediatrics, psychiatry, and surgery clerkships. Shelf exams occur after you complete the corresponding clerkship.

### Stage Three: Individualized Exploration

In stage three of NYU Grossman School of Medicine’s MD curriculum, you take Step 2 of the U.S. Medical Licensure Exam (USMLE) and pursue individualized exploration in specialty and subspecialty areas of interest through post-clerkship elective and selective courses, advanced clinically integrated science selective (ACISS) courses (https://med.nyu.edu/education/md-degree/md-curriculum/stage-three-individualized-expansion/advanced-clinically-integrated-science-selectives/), and the advanced clinical skills module.
During stage three of the MD curriculum, students take the USMLE Step 2 in August. They participate in electives in September, take advanced clinically integrated science selective courses in October and February, and participate in post-clerkship elective and selective courses from November through January and March through July. The Advanced Clinical Skills module takes place from October through July.

USMLE Step 2

The USMLE Step 2 CK, the second part of the three-step exam for medical licensure, assesses medical knowledge and scientific concepts as they are applied to patient diagnoses and care, health maintenance and management, and disease prevention. It is administered in 8-hour-long blocks during a single day, with 45-minutes of break time and a 15-minute tutorial session.

Comprehensive Clinical Skills Examination

During phase three, you also take our comprehensive clinical skills exam (CCSE) (https://med.nyu.edu/education/md-degree/md-curriculum/stage-three-individualized-exploration/comprehensive-clinical-skills-exam/). This performance-based exam ensures proficiency in core clinical skills at the completion of clerkship year. Our CCSE is a series of mock patient encounters that assess your skills in communication, taking patient histories, conducting physical examinations, and clinical reasoning.

In addition to preparing for exams, you take elective (https://med.nyu.edu/education/md-degree/md-curriculum/stage-three-individualized-exploration/selective-courses/) and elective (https://med.nyu.edu/education/md-degree/md-curriculum/stage-three-individualized-exploration/elective-courses/) courses in areas of interest. You must also complete at least one ACISS course, which you can take during stage three or four of the curriculum. You may also begin a scholarly concentration (https://med.nyu.edu/education/md-degree/md-curriculum/stage-three-individualized-exploration/scholarly-concentrations/), and a transition to residency preparation activities from August through May.

Critical Care Clerkship

In a four-week critical care clerkship, you develop the knowledge, skills, and experience you need to care for critically ill patients. You are assigned to a specialty intensive care unit and become an active member of the care team. Responsibilities include daily teaching rounds and following, assessing, and treating critically ill patients. Grades are honors, high pass, pass, and fail.

Subinternships

Another component of stage four of the MD curriculum is a four-week subinternship in one of three areas—advanced medicine, advanced surgery, or advanced pediatrics. During the subinternship, you take on patient care responsibilities that exceed those in your core clerkships (https://med.nyu.edu/education/md-degree/md-curriculum/stage-two-clerkship-year/). This helps you excel during the internship year of your upcoming residency. Subinternship responsibilities may include taking overnight calls, admitting patients, and entering orders. Grades are honors, high pass, pass, and fail.

Advanced Medicine Subinternship

The advanced medicine subinternship provides additional training and experience in managing the care of hospitalized patients on an internal medicine inpatient ward. It better prepares you for a residency in internal medicine or, if that is not your eventual destination, offers a final opportunity to study internal medicine before you complete residency training in another area.

Advanced Surgery Subinternship

The advanced surgery subinternship provides additional training and experience in general surgery. It also fulfills the subinternship graduation requirement for students applying for a residency in general surgery or another surgical specialty.

Advanced Pediatrics Subinternship

The advanced pediatrics subinternship is for students who have successfully completed their pediatrics clerkship and are interested
in additional pediatrics training and experience. It also fulfills the subinternship graduation requirement for students applying for a residency in pediatrics.

**Senior Clinical Skills Exam**
The senior clinical skills exam is an immersive experience that consists of a night on call in the simulation center. The exam challenges students to be the intern and perform tasks that include evaluating patients, collaborating intra- and inter-professionally, using oral and written documentation, and critically appraising information to inform decision-making. All of this work is framed within routine clinical activities that you should be ready to perform upon graduation. You receive written feedback on your performance, including areas of strengths and gaps that might be addressed before or upon transitioning to residency. Past participants have found this exam to be an authentic, rewarding, and enjoyable experience.

**Transition to Residency**
During the transition to residency course, students focus on integrating basic science and clinical knowledge. You then work to identify your own learning needs as you look ahead to your internship. The course is a mix of workshops, simulation, and conferences. A key focus is on developing autonomy, understanding the limits of self-reliance, and knowing when to ask for help. The overall goal is to put students in a position to not only survive, but also to thrive as a leader and educator during your internship and residency years.

**Sample Plan of Study**

**Three-Year MD Pathway**

**Four-Year Dual Degree And Research Options**

**Learning Outcomes**
Upon successful completion of the program, graduates will:

1. Have the opportunity to apply concepts learned in the classroom to real-life patient scenarios.
2. Gain insight into the behavioral and social aspects of practicing medicine that helps develop the necessary skills to interact with patients and other healthcare providers in your clerkships and internships.
3. Be provided with the biological and scientific knowledge needed for success in clerkships and beyond.
4. Examine the effects of disease on each organ system and how each relates to the others.
5. Learn various communication and conflict-resolution techniques.
6. Have the ability to apply science fundamentals to the practice of medicine.
7. Assess medical knowledge and scientific concepts as they are applied to patient diagnoses and care, health maintenance and management, and disease prevention.
8. Develop the knowledge, skills, and experience you need to care for critically ill patients.

**Policies**

**NYU Policies**
University-wide policies can be found on the New York University Policy pages (https://bulletins.nyu.edu/nyu/policies/).

**Grossman School of Medicine Policies**
A list of related academic policies can be found on the Grossman School of Medicine Academic Policies page (https://bulletins.nyu.edu/graduate/medicine-grossman/academic-policies/).