# SCHOOL COUNSELING (MA)

Department Website (https://steinhardt.nyu.edu/appsych/)

NYSED: 41309 HEGIS: 0826.01 CIP. 13.1101

### **Program Description**

The Master of Arts program in School Counseling prepares graduates to work as school counselors in grades K-12.

Graduates are eligible for New York State certification as school counselors and additionally eligible to take the National Certified School Counselor Exam to become national certified school counselors. The curriculum prepares graduates to form helping relationships with K–12 children and youth, teachers, and parents, adapting to their students' growth and development; assess students in socio-historical contexts with attention to issues of power and privilege – including gender, race and ethnicity, class, and sexual orientation; and create and deliver a data-driven school counseling program that supports every student's academic, career, and personal and social development.

In addition to coursework, students complete a year-long, 6-credit (600 hours) internship: 300 hours in grades K–8 and 300 hours in grades 9–12. Schools are selected by the student in consultation with the director of internships.

The program offers an option in bilingual school counseling, which prepares graduates to identify issues relevant to student populations for whom English is a second language, and apply appropriate resolutions.

Students matriculating in Fall 2023 may choose to enroll in the oncampus or online option. Students matriculating in Fall 2024 or later may enroll in the online option.

## **Optional Dual Degrees**

The Master of Arts program in School Counseling offers dual degree options. See School Counseling (https://steinhardt.nyu.edu/programs/school-counseling/) for additional information regarding these options

### **Career Opportunities**

A degree in counseling can open the door to a range of professional opportunities. Graduates of the school counseling or bilingual school counseling program move on to positions in elementary, middle, and high schools, working with students on school counseling-related issues.

### **Accreditation**

This program is accredited by the Master's in Psychology and Counseling Accreditation Council (MPCAC) for 2015 through 2025. Graduates of this program meet the academic requirements for licensure in the state of New York. Each state sets their own policies, regulations, and standards for licensure. Students intending to pursue licensure in a state other than New York should consult the program's Licensure page (https://steinhardt.nyu.edu/programs/school-counseling/licensure/) for more information on whether this program meets the academic requirements for licensure in that state and whether there is additional course work they may need to complete to meet that state's requirements.

### **Admissions**

Admission to graduate programs in the Steinhardt School of Culture, Education, and Human Development requires the following minimum components:

- Résumé/CV
- · Statement of Purpose
- · Letters of Recommendation
- Transcripts
- · Proficiency in English

See NYU Steinhardt's Graduate Admissions website (https://steinhardt.nyu.edu/admissions/how-apply/graduate-students/) for additional information on school-wide admission. Some programs may require additional components for admissions.

See How to Apply (https://steinhardt.nyu.edu/degree/online-ma-school-counseling-and-bilingual-school-counseling/how-apply/) for admission requirements and instructions specific to this program.

### **Program Requirements**

The program requires the completion of 48-51 credits, depending on chosen track.

#### **School Counseling: K-12**

Course	Title	Credits
Major Requireme	ents	
Foundational Cou	rses	
APSY-GE 2138	Human Growth and Development <sup>1</sup>	3
APSY-GE 2657	Individual Counseling: Theory and Process <sup>1</sup>	3
APSY-GE 2658	Lab in Individual Counseling Skills <sup>1</sup>	3
APSY-GE 2662	Foundations of School Counseling <sup>1</sup>	3
APSY-GE 2650	Professional Orientation and Ethics for School Counseling <sup>1</sup>	3
APSY-GE 2648	Practicum in School Counseling <sup>1</sup>	3
Intermediate Cour	rses	
APSY-GE 2070	Research and Evaluation Methods in Behavioral Sciences	3
APSY-GE 2620	Group Dynamics: Theory and Practice <sup>1</sup>	3
APSY-GE 2635	Career Counseling	3
APSY-GE 2682	Cross-Cultural Counseling <sup>1</sup>	3
Advanced Courses	s	
APSY-GE 2663	Program Development and Evaluation in Counseling	3
APSY-GE 2667	Internship in School Counseling I	2
APSY-GE 2668	Internship in School Counseling II	2
APSY-GE 2670	Internship in School Counseling III	2
APSY-GE 2673	Assessment of Children and Adolescents	3
Other Requireme	nts	
TCHL-GE 2999	Drug, Alcohol Ed/Child Abuse ID/School Violence DASA:	e/ 0
APSY-GE 2xxx	Applied Content Course	3
APSY-GE 2xxx	Applied Content Course	3
CPC Exam		
Total Credits		48

Indicates successful course completion required prior to internship.

#### School Counseling: K-12 Bilingual Extension

Course	Title	Credits		
Major Requirements				
Foundational Coul				
APSY-GE 2138	Human Growth and Development 1	3		
APSY-GE 2657	Individual Counseling: Theory and Process 1	3		
APSY-GE 2658	Lab in Individual Counseling Skills <sup>1</sup>	3		
APSY-GE 2662	Foundations of School Counseling <sup>1</sup>	3		
APSY-GE 2650	Professional Orientation and Ethics for School Counseling <sup>1</sup>	3		
APSY-GE 2648	Practicum in School Counseling <sup>1</sup>	3		
Intermediate Cour	ses			
APSY-GE 2070	Research and Evaluation Methods in Behavioral Sciences	3		
APSY-GE 2620	Group Dynamics: Theory and Practice <sup>1</sup>	3		
APSY-GE 2635	Career Counseling	3		
APSY-GE 2682	Cross-Cultural Counseling <sup>1</sup>	3		
Advanced Courses	S			
APSY-GE 2663	Program Development and Evaluation in Counseling	3		
APSY-GE 2667	Internship in School Counseling I	2		
APSY-GE 2668	Internship in School Counseling II	2		
APSY-GE 2670	Internship in School Counseling III	2		
APSY-GE 2673	Assessment of Children and Adolescents	3		
Other Requireme	nts			
TCHL-GE 2999	Drug, Alcohol Ed/Child Abuse ID/School Violenc DASA:	e/ 0		
BILED-GE 2001	Bilingual Multicultural Education: Theory and Practice	3		
APSY-GE 2055	Child Language Development	3		
APSY-GE 2527	The Development of Immigrant Origin Youth	3		
CPC Exam				
Total Credits		51		

Indicates successful course completion required prior to internship.

# Sample Plan of Study

Course	Title	Credits
1st Semester/Term		
APSY-GE 2662	Foundations of School Counseling	3
APSY-GE 2657	Individual Counseling: Theory and Process	3
APSY-GE 2658	Lab in Individual Counseling Skills	3
APSY-GE 2138	Human Growth and Development	3
	Credits	12
2nd Semester/Term		
APSY-GE 2650	Professional Orientation and Ethics for School Counseling	3
APSY-GE 2648	Practicum in School Counseling	3
APSY-GE 2620	Group Dynamics: Theory and Practice	3
APSY-GE 2682	Cross-Cultural Counseling	3

APSY-GE 2999	Drug, Alcohol Ed/Child Abuse ID/School Violence/ DASA	0
	Credits	12
3rd Semester/Term		
APSY-GE 2667	Internship in School Counseling I	2-3
APSY-GE 2663	Program Development and Evaluation in Counseling	3
APSY-GE 2070	Research and Evaluation Methods in Behavioral	3
	Sciences	
Elective		3
	Credits	12
4th Semester/Term		
APSY-GE 2668	Internship in School Counseling II	2-4
APSY-GE 2673	Assessment of Children and Adolescents	3
APSY-GE 2635	Career Counseling	3
Elective		3
	Credits	12
	Total Credits	48

### **Learning Outcomes**

Upon successful completion of the program, graduates will:

- Understand how socio-historical contexts and issues of power and privilege, including gender, race and ethnicity, class, and sexual orientation, and other intersectional identities influence the counseling process including intervention and assessment.
- Understand how socio-historical contexts and issues of power and privilege, including gender, race and ethnicity, class, and sexual orientation, and other intersectional identities influence the counseling process including intervention and assessment.
- Apply counseling theory and process to school-age children, adolescents, families, and community members through case conceptualization, application of counseling interventions, assessment, consultation, case conceptualization, social justice, and advocacy.
- 4. Critically examine student growth and development in relation to academic needs and understand how that knowledge contributes to the establishment of meaningful relationships with pre-K-12 children, teachers, family and community.
- Critically examine student growth and development in relation to academic needs and understand how that knowledge contributes to the establishment of meaningful relationships with pre-K-12 children, teachers, family and community.
- Develop professional skills and values that support every student's academic, career, personal, and social development using a datadriven school counseling practice.
- Apply counseling theory and process to school-age children, adolescents, families, and community members through case conceptualization, application of counseling interventions, assessment, consultation, case conceptualization, social justice, and advocacy.
- Develop professional skills and values that support every student's academic, career, personal, and social development using a datadriven school counseling practice.

### Policies Fieldwork Placement

Be advised that fieldwork placement facilities that provide training required for your program degree, and agencies that issue licenses for practice in your field of study, each may require you to undergo

general and criminal background checks, the results of which the facility or agency must find acceptable before it will allow you to train at its facility or issue you a license. You should inform yourself of offenses or other facts that may prevent obtaining a license to practice in your field of study. NYU Steinhardt will not be responsible if you are unable to complete program requirements or cannot obtain a license to practice in your field because of the results of such background.

#### **NYU Policies**

University-wide policies can be found on the New York University Policy pages (https://bulletins.nyu.edu/nyu/policies/).

### **Steinhardt Academic Policies**

Additional academic policies can be found the Steinhardt academic policies page (https://bulletins.nyu.edu/graduate/culture-education-human-development/academic-policies/).