

# PHYSICAL THERAPY (DPT)

Department Website (<http://steinhardt.nyu.edu/pt/>)

NYSED: 19632 HEGIS: 1212.00 CIP: 51.2308

## Program Description

The Doctor of Physical Therapy degree program is the professional physical therapist educational program at New York University that prepares students for entry into the practice of physical therapy. Since physical therapy is a dynamic profession with an established theoretical base and widespread clinical applications, particularly in the preservation, development, and restoration of maximal physical functions, this program is designed to develop competent practitioners for contemporary practice.

The program enables students to become physical therapists who seek to prevent injury, impairments, and disabilities; to maintain and promote fitness, health, and quality of life; and to ensure availability, accessibility and excellence in the delivery of physical therapy services to the patient. Since physical therapists are essential participants in the health delivery system, graduates are prepared to assume leadership roles in prevention and health maintenance programs and rehabilitation services and to assist in the development of health policy standards tied to physical therapy practice.

In order to meet the changing needs of the health delivery system, the Doctor of Physical Therapy program seeks to graduate an autonomous practitioner with the expertise and skills to examine, evaluate, and diagnose physical impairments as a result of injury, disease, or disability. After the examination, the physical therapist practitioner will apply appropriate interventions and treatments and reassess patient progress.

This autonomous practitioner will also evaluate patients as to their prognosis and work with other professionals to develop a comprehensive treatment plan.

## Accreditation

The Doctor of Physical Therapy Program at New York University is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE)  
 3030 Potomac Avenue  
 Alexandria, VA 22305-3085  
 telephone: 703-706-3245  
 accreditation@apta.org; capteonline.org (<http://capteonline.org>)

## Admissions

Admission to graduate programs in the Steinhardt School of Culture, Education, and Human Development requires the following minimum components:

- Résumé/CV
- Statement of Purpose
- Letters of Recommendation
- Transcripts
- Proficiency in English

See NYU Steinhardt's Graduate Admissions website (<https://steinhardt.nyu.edu/admissions/how-apply/graduate-students/>) for

additional information on school-wide admission. Some programs may require additional components for admissions.

See How to Apply (<https://steinhardt.nyu.edu/degree/doctor-physical-therapy/how-apply/>) for admission requirements and instructions specific to this program.

## Program Requirements

This program requires the completion of 133 credits including three major papers: a review of the literature, a case report, and the development of a research plan.

Course	Title	Credits
<b>Major Requirements</b>		
PT-GE 2004	Histology General Path	3
PT-GE 2030	CPR/First Aid/Advanced Emergency Techniques	2
PT-GE 2120	Gross Human Anatomy	4
PT-GE 2281	Professional Behavior	2
PT-GE 2020	The Physical Ther/Eductr Consultant Comm	2
PT-GE 2024	Applied Anatomy/Physlgy Cardiopulmonary System	3
PT-GE 2209	Lifespan Development	3
PT-GE 2215	Biophysical Agents I (Physical Agents/Mechanical Modalities)	2
PT-GE 2008	Manual Techniques I	2
PT-GE 2225	Exercise Physiology	4
PT-GE 2230	Applied Anatomy/Physio- Logy of The Musculoskele	3
PT-GE 2009	Manual Techniques II	3
PT-GE 2026	Clinical SCI/Path of The Cardio System	4
PT-GE 2220	Kinesiology/Biome/Ergon	5
PT-GE 2227	Principles of Exercise	3
PT-GE 2229	Fitness Theor/Practice	2
PT-GE 2286	Critical Inquiry/Clin Decision Making I	2
PT-GE 2450	Clinical Affiliation I	2
PT-GE 2231	Clin SCI/Path/Pharm/Imag of The M-S System	4
PT-GE 2232	Appl Anitm/Phys/Neuro Sys	3
PT-GE 2250	Phys Ther Exam of The C-P System	4
PT-GE 2251	Phys Ther Exam of The M-S System	4
PT-GE 2287	Crit Inquiry/Clin Dcsn Making II (Case Study)	2
PT-GE 2455	Clin Observ - 1 Day/Week	1
PT-GE 2218	Biophysical Agents II (Electrotherapeutic Modalities)	3
PT-GE 2219	Assistive Technology	3
PT-GE 2242	Clin Sci/Path/Pharm/Imag of The N-M System	4
PT-GE 2260	Phys Ther Inter/Prev Prg Well Prog Cv Resp System	4
PT-GE 2261	Pt Intervent Prevention Prog/Well Prog Ms System	4
PT-GE 2456	Clin Observ - 1 Day/Week	1
PT-GE 2451	Clinical Affiliation II	3
PT-GE 2233	Appld Antmy/Phys/Ob/Gyn, Intgmtry/Endoc System	3
PT-GE 2243	Clin Sci/Path/Pharm/Imag Ob/Gyn, Intgm/Endoc Sys	4
PT-GE 2252	Phys Ther Exam or The Neuromuscular System	5

PT-GE 2253	Pt Exam Gen-Uri,Inte, End Gastro & Immune Sys	3	<b>7th Semester/Term</b>		
PT-GE 2288	Crit Inquiry/Clin Decsn Making III	2	PT-GE 2451	Clinical Affiliation II	3
PT-GE 2457	Clin Observ - 1 Day/Week	1		<b>Credits</b>	3
PT-GE 2019	Physical Therapist as Admin, Etc	3	<b>8th Semester/Term</b>		
PT-GE 2262	Phys Ther Inter/Prev Prg Well Prog N-M System	6	PT-GE 2233	Appld Antmy/Phys/Ob/Gyn, Intgmtry/Endoc System	3
PT-GE 2263	Phy Thr Intr/Prv Prg Wel Prg/Ob/Gyn Int/Endoc/ Sys	4	PT-GE 2243	Clin Sci/Path/Pharm/Imag Ob/Gyn, Intgm/Endoc Sys	4
PT-GE 2295	Bus Pract/Rembrsmnt/Mrkt Tech Mngmt/Care Del Sys	4	PT-GE 2252	Phys Ther Exam or The Neuromuscular System	5
PT-GE 2458	Clin Observ - 1 Day/Week	1	PT-GE 2253	Pt Exam Gen-Uri,Inte, End Gastro & Immune Sys	3
PT-GE 2452	Clinical Affiliation III	6	PT-GE 2288	Crit Inquiry/Clin Decsn Making III	2
<b>Total Credits</b>		<b>133</b>	PT-GE 2457	Clin Observ - 1 Day/Week	1

## Sample Plan of Study

Course	Title	Credits
<b>1st Semester/Term</b>		
PT-GE 2004	Histology General Path	3
PT-GE 2120	Gross Human Anatomy	4
PT-GE 2281	Professional Behavior	2
PT-GE 2030	CPR/First Aid/Advanced Emergency Techniques	2
	<b>Credits</b>	<b>11</b>
<b>2nd Semester/Term</b>		
PT-GE 2008	Manual Techniques I	2
PT-GE 2020	The Physical Ther/Eductr Consultant Comm	2
PT-GE 2024	Applied Anatomy/Physlgy Cardiopulmonary System	3
PT-GE 2209	Lifespan Development	3
PT-GE 2215	Biophysical Agents I (Physical Agents/Mechanical Modalities)	2
PT-GE 2225	Exercise Physiology	4
PT-GE 2230	Applied Anatomy/Physio- Logy of The Musculoskele	3
	<b>Credits</b>	<b>19</b>
<b>3rd Semester/Term</b>		
PT-GE 2009	Manual Techniques II	3
PT-GE 2026	Clinical SCI/Path of The Cardio System	4
PT-GE 2220	Kinesiology/Biome/Ergon	5
PT-GE 2227	Principles of Exercise	3
PT-GE 2229	Fitness Theor/Practice	2
PT-GE 2286	Critical Inquiry/Clin Decision Making I	2
	<b>Credits</b>	<b>19</b>
<b>4th Semester/Term</b>		
PT-GE 2450	Clinical Affiliation I	2
	<b>Credits</b>	<b>2</b>
<b>5th Semester/Term</b>		
PT-GE 2231	Clin SCI/Path/Pharm/Imag of The M-S System	4
PT-GE 2232	Appl Antm/Phys/Neuro Sys	3
PT-GE 2250	Phys Ther Exam of The C-P System	4
PT-GE 2251	Phys Ther Exam of The M-S System	4
PT-GE 2287	Crit Inquiry/Clin Dcsn Making II (Case Study)	2
PT-GE 2455	Clin Observ - 1 Day/Week	1
	<b>Credits</b>	<b>18</b>
<b>6th Semester/Term</b>		
PT-GE 2260	Phys Ther Inter/Prev Prg Well Prog Cv Resp System	4
PT-GE 2261	Pt Intervent Prevention Prog/Well Prog Ms System	4
PT-GE 2218	Biophysical Agents II (Electrotherapeutic Modalities)	3
PT-GE 2219	Assistive Technology	3
PT-GE 2242	Clin Sci/Path/Pharm/Imag of The N-M System	4
PT-GE 2456	Clin Observ - 1 Day/Week	1
	<b>Credits</b>	<b>19</b>

## Learning Outcomes

Upon successful completion of the program, graduates will:

1. Demonstrate the requisite skills for competent entry-level generalist physical therapist practice, including exhibiting self-assured, adaptable, reflective, and humanistic traits.
2. Integrate critical inquiry and clinical decision-making skills into clinical practice, using evidence to support practice.
3. Reflect the ethical principles established by the profession.
4. Exhibit leadership skills.
5. Adopt life-long learning skills.
6. Be service-oriented to both the profession and the community in which they provide services.
7. Promote understanding of the needs of diverse populations.
8. Be advocates of integration of health and wellness needs of patients/ clients and society into physical therapist service delivery.

## Policies

### Program Policies

#### Fieldwork Placement

Be advised that fieldwork placement facilities that provide training required for your program degree, and agencies that issue licenses for practice in your field of study, each may require you to undergo general and criminal background checks, the results of which the facility or agency must find acceptable before it will allow you to train at its facility or issue you a license. You should inform yourself of offenses or other facts that may prevent obtaining a license to practice in your field of study. NYU Steinhardt will not be responsible if you are unable to complete program requirements or cannot obtain a license to practice in your field because of the results of such background.

### NYU Policies

University-wide policies can be found on the New York University Policy pages (<https://bulletins.nyu.edu/nyu/policies/>).

## **Steinhardt Academic Policies**

Additional academic policies can be found the Steinhardt academic policies page (<https://bulletins.nyu.edu/graduate/culture-education-human-development/academic-policies/>).