

# FOOD STUDIES (MA)

Department Website (<https://steinhardt.nyu.edu/programs/food-studies/>)

**NYSED:** 08233 **HEGIS:** 1306.00 **CIP:** 19.0501

## Program Description

The MA program in Food Studies employs approaches from the humanities and social sciences to examine the ways in which individuals, communities, and societies produce, distribute, and consume food. Students analyze cultural, political, economic, environmental, and geographic approaches to food within local, urban, and global contexts. Impacts of critical issues such as immigration, equity and climate change on food are studied through elective courses. Cities at the center of flows of people, produce, and media products, are a focus of student and faculty investigations.

The program:

- Focuses on policy and advocacy, business and social entrepreneurship, and media and cultural analysis
- Challenges students with core, specialization, and elective courses offered by the department and by New York University's Steinhardt School of Culture, Education, and Human Development; Stern School of Business; Wagner School of Public Service; Graduate School of Arts and Sciences; and Tisch School of the Arts
- Gives access to experts working in food production companies, nonprofit food organizations, policy organizations and advocacy groups, publishers, public relations and marketing firms, magazines, food distributors, food producers and educational institutions, who enrich the program by serving as adjunct faculty and guest lecturers
- Emphasizes development of critical thinking and research skills that help students analyze and solve problems that may be encountered in professional work
- Offers experiential learning courses in global, domestic, and urban venues
- Broadens work experience through participation in optional internships in a vast array of potential employment sites. Our graduates work in a wide range of food related organizations, holding positions in development, communications, advocacy, policy analysis, food writing, and entrepreneurship.

## Dual Degree Option

Students may also pursue a dual degree in Library and Information Science (<https://steinhardt.nyu.edu/degree/ma-food-studies-mslis-library-and-information-science/>) offered in partnership with Long Island University's Palmer School. International students in the dual degree option may be able to work in the United States after graduation for an extended period of time through the STEM (Science, Technology, Engineering, or Mathematics) OPT extension.

## Admissions

Admission to graduate programs in the Steinhardt School of Culture, Education, and Human Development requires the following minimum components:

- Résumé/CV
- Statement of Purpose

- Letters of Recommendation
- Transcripts
- Proficiency in English

See NYU Steinhardt's Graduate Admissions website (<https://steinhardt.nyu.edu/admissions/how-apply/graduate-students/>) for additional information on school-wide admission. Some programs may require additional components for admissions.

See How to Apply (<https://steinhardt.nyu.edu/degree/ma-food-studies/how-apply/>) for admission requirements and instructions specific to this program.

## Program Requirements

Course	Title	Credits
<b>Core Courses</b>		
FOOD-GE 2033	Food Systems	3
FOOD-GE 2191	Food and Culture	3
FOOD-GE 2015	Food Policy	3
NUTR-GE 2215	Nutrition in Food Studies	3
FOOD-GE 2061	Food Studies Capstone Seminar	3
<b>Specialization Requirements</b>		<b>18</b>
Students take 18 credits from the sample areas of specializations shown below or from other courses across the University, by advisement.		
Policy & Advocacy		
Business & Social Entrepreneurship		
Media & Cultural Analysis		
Experiential Courses		
Individualized Study		
<b>Electives</b>		
Students may opt to take up to 6 additional credits of electives, by advisement.		0-6
<b>Total Credits</b>		<b>33-39</b>

## Sample Plan of Study

Course	Title	Credits
<b>1st Semester/Term</b>		
NUTR-GE 2215	Nutrition in Food Studies	3
FOOD-GE 2191	Food and Culture	3
Elective Course		3
		<b>Credits</b>
		<b>9</b>
<b>2nd Semester/Term</b>		
FOOD-GE 2015	Food Policy	3
FOOD-GE 2033	Food Systems	3
Elective Course		3
		<b>Credits</b>
		<b>9</b>
<b>3rd Semester/Term</b>		
Elective Course		3
Elective Course		3
Elective Course		3
		<b>Credits</b>
		<b>9</b>
<b>4th Semester/Term</b>		
FOOD-GE 2061	Food Studies Capstone Seminar	3
Elective Course		3
		<b>Credits</b>
		<b>6</b>
<b>Total Credits</b>		<b>33</b>

## Learning Outcomes

Upon successful completion of the program, graduates will:

1. Engage the study of food and its conventional and alternative systems using an interdisciplinary approach, allowing cultural, historical, political, and economic analyses of food.
2. Demonstrate mastery of the study of food and discuss the elements related to food sovereignty, sustainability, ethics and culture.
3. Describe all aspects related to food, including how individuals and societies make food choices; how food is produced and distributed; policies that alter the food landscape; equity in the food system; cultural norms and values; and historical and contemporary issues.
4. Succeed in careers within policy and advocacy; media, social, and cultural analysis; and business & social entrepreneurship.

## Policies

### Program Policies

#### STEM OPT Benefits for International Students

If you're an international student, you may be able to work in the United States after graduation for an extended period of time. Most students studying on F-1 visas will be eligible for 12 months of Optional Practical Training (OPT) off-campus work authorization. F-1 students in this program may also be eligible for the STEM (Science, Technology, Engineering, or Mathematics) OPT extension, allowing you to extend your time in the United States to pursue degree-related work experience for a total of 36 months or 3 years. For more information on who can apply for this extension visit NYU's Office of Global Services: STEM OPT (<http://www.nyu.edu/students/student-information-and-resources/student-visa-and-immigration/alumni/extend-your-opt/stem-opt.html>).

### NYU Policies

University-wide policies can be found on the New York University Policy pages (<https://bulletins.nyu.edu/nyu/policies/>).

### Steinhardt Academic Policies

Additional academic policies can be found the Steinhardt academic policies page (<https://bulletins.nyu.edu/graduate/culture-education-human-development/academic-policies/>).