

ART THERAPY (ARTT-GE)

ARTT-GE 2010 Introduction to Art Therapy (3 Credits)

Typically offered Fall

Fundamental principles of art therapy practice will be presented through discussions and case presentations. Students learn the historical development of the profession, its distinction from other disciplines and its commonalities to social sciences. Basic pictorial analyses examine artistic processes and products. Students study the artistic expression across the developmental span. Clinical applications for populations struggling with varied psychological and physiological issues are offered. Each class includes experiential art making to demonstrate interventions.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: No

ARTT-GE 2032 Art Therapy with Groups (3 Credits)

Typically offered Fall

Deals primarily with the theory and application of art therapy techniques for various types of groups in mental health facilities. Lecture, discussion, and studio work emphasize practical utilization of group techniques.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: No

ARTT-GE 2033 Art Therapy with Children (3 Credits)

Typically offered Spring

Art as therapy with the emotionally disturbed, children with physical disabilities, the intellectually and/or neurologically impaired, and socioeconomically deprived children. Considers the problems and methods of art therapy for children with either acute or mild disturbances. Demonstrations of art therapy techniques (utilizing studio activities) used in long- or short-term treatment. The role of art therapist in relation to other members of the therapeutic team in bringing about character change or improved ability to deal with immediate life situations. Methods of evaluation and treatment are discussed. Illustrated lectures, reading, and discussion.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: No

ARTT-GE 2034 Art Therapy with Adolescents (3 Credits)

Typically offered Fall

Art as therapy for adolescent populations. Topics will cover a range of disorders such as the emotionally disturbed, the disabled, the intellectually and/or neurologically impaired, and the socioeconomically deprived. There will be a demonstration of techniques used in long or short-term treatment. Students will learn the role of the art therapist as a member of the therapeutic team in bringing about behavioral change or improved ability to deal with immediate life situations, methods, of evaluation, and treatment will be addressed.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: No

ARTT-GE 2036 Art Therapy with Families (2 Credits)

Typically offered Spring

Theoretical foundation and close study of assessment techniques in family art therapy. Art intervention techniques will also be introduced. Several theoretical approaches to family therapy will be studied - psychodynamics and systems theory. Lecture, slide and videotape presentation included.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: No

ARTT-GE 2037 Art Therapy with Adults (3 Credits)

Typically offered Spring

An investigation of art therapy in numerous settings for adults with either acute or mild disturbances. Demonstration of art therapy techniques (utilizing studio activities) used in long- or short-term treatment. Discussion and art experience appropriate to use with talented adult group.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: No

ARTT-GE 2040 Pictorial Analysis for Assessment & Diagnosis (3 Credits)

Typically offered Spring

Developing basic skills in evaluating form and content of pictorial and sculptural work produced in art therapy sessions. Developing skills in integrating evidence of developmental level, perceptual capacities, psychodynamic processes, emotional handicaps, environmental stimuli in art work, and behavior. Students should be prepared to furnish some art work from child, adolescent or adult population. Studio component included.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: No

ARTT-GE 2041 Integrative Mental Health (3 Credits)

Typically offered Fall of even numbered years

This course provides a foundation for Integrative Health. Through case vignettes, experiential learning, and practice-based assignments, students explore biopsychosocial etiologies and disparities in health, healing and wellness practices that support person-centered and holistic health, and best practices and emerging evidence in treatment interventions. The Pathways Model is also presented, including psychophysiology, movement, creative arts, spirituality, and mindfulness.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: No

ARTT-GE 2145 Theory & Practice of Art Therapy (3 Credits)

Typically offered Fall

Enrollment limited to art therapy candidates. Requires eight hours per week in the field. Discussion of art therapy history, theories, and technique. Introduction to clinical skills through class and fieldwork experience.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: No

ARTT-GE 2149 Ethical Issues in Art Therapy (2 Credits)

Typically offered Spring and Summer

Course is focused on ethical principles in art therapy & designed to deepen personal & professional values. Students will enhance their theoretical knowledge by art experientials & role playing. Course topics are organized to reflect the professional Ethics Code established by the American Art Therapy Association. Particular emphasis will be placed on confidentiality dilemmas in therapy & research, dual-role relationships, & the personal & professional development of students' identities as ethically minded art therapists.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: No

ARTT-GE 2150 Techniques/Supervision in Art Therapy (1 Credit)

Typically offered Spring

This course prepared clinicians in art therapy to perform as supervisors of students and less experienced art therapists. Methods and theoretical issues are examined. Class participation includes a close study of case examples from students' experience.

Grading: Grad Steinhardt Graded

Repeatable for additional credit: Yes

ARTT-GE 2160 Art for Art Therapists (3 Credits)*Typically offered Fall*

Studio work focused on enabling artists functioning as therapists to use their creative capacities in the service of individuals with adjustment problems and emotional disabilities.

Grading: Grad Steinhardt Graded**Repeatable for additional credit:** No**ARTT-GE 2170 Clinical Interventions for Specialized Populations (2 Credits)***Typically offered Spring and Summer*

Culturally attuned interventions consider the sociocultural, psychological & developmental factors in treatment. Current research for clients struggling with addictions & those involved in judicial proceedings will be shared. Communities impacted by social injustices & art therapy methodology to effectively, legally & ethically serve these specialized populations will be discussed. Engaging clients to address trauma & violence needs a broad lens that also includes issues of societal inequality. Guest lectures will supplement course learning.

Grading: Grad Steinhardt Graded**Repeatable for additional credit:** No**ARTT-GE 2171 Adaptive Techniques in Art Therapy (3 Credits)***Typically offered Spring*

Key theoretical approaches & strategies for art therapy treatment with clients who hold cognitive/ physical limitations & those confronted with acute and chronic medical illnesses. Topics will include, artistic development of clients with disabilities, strategies for establishing alliances with clients who are nonverbal &/or ill, pre-art materials, adapted tools, & multimedia based art therapy techniques. Special attention on digital media will offer critical concepts on therapeutic implementation. Guest lectures will supplement course learning.

Grading: Grad Steinhardt Graded**Repeatable for additional credit:** No**ARTT-GE 2222 Diverse Populations in Art Therapy: Trauma (2 Credits)***Typically offered Fall and Spring*

This course provides an overview of the psychological & neurological consequences of exposure to profound trauma, & the corresponding clinical & countertransference implications for art therapists

Grading: Grad Steinhardt Graded**Repeatable for additional credit:** No**ARTT-GE 2224 Cultural Diversity in Art Therapy (3 Credits)***Typically offered Spring*

Survey of the ways in which art therapy may be used with the geriatric population including individuals with dementia, depression, psychiatric disorders, frail elders & healthy elders.

Grading: Grad Steinhardt Graded**Repeatable for additional credit:** No**ARTT-GE 2241 Seminar in Art Therapy: Psychology of Artist (3 Credits)***Typically offered Spring and Summer*

This class examines creativity, aesthetics, and audience response (artist, artwork, and viewer) through diverse psychological theories. We proceed chronologically starting with Modernism, in the visual arts and psychoanalysis, which converged to catalyze the profession of Art Therapy. We conclude with Postmodernist discourses on gender, feminism, patriarchy, class, power, race, identity, and LGBTQIA+ issues. The class is half seminar and half art experientials that are designed to facilitate students' deeper understanding of self-identity as art therapists.

Grading: Grad Steinhardt Graded**Repeatable for additional credit:** No**ARTT-GE 2280 Research in Art Therapy (3 Credits)***Typically offered Fall*

An introduction to research methods used in art therapy with an emphasis on qualitative research design. Students work on the formulation of research questions and develop a thesis proposal.

Grading: Grad Steinhardt Graded**Repeatable for additional credit:** No**ARTT-GE 2301 Final Project in Art Therapy (1-3 Credits)***Typically offered Spring*

Students complete a thesis project that integrates their acquired theoretical knowledge, clinical internship experience, and applied critical thinking.

Grading: Grad Steinhardt Graded**Repeatable for additional credit:** Yes**ARTT-GE 2302 Internship in Art Therapy (1-5 Credits)***Typically offered Fall, Spring, and Summer terms*

Fieldwork consists of a minimum of 12 points (or 1,000 hours) including 110 hours of supervision by an experienced art therapist. Fieldwork experience provides the student with practical involvement in acquiring the basic skills of an art therapist in a variety of medical and non medical settings, including mental hospitals, psychiatric wards, outpatient clinics, and mental health centers.

Grading: Grad Steinhardt Graded**Repeatable for additional credit:** Yes**ARTT-GE 2910 Graduate Projects in Art Therapy (1-3 Credits)***Typically offered not typically offered*

A classroom or praxis based course, focusing on current issues in studio art or the art professions. Topics examine a broad range of art and visual culture foci, with an emphasis on new approaches to both subject material and pedagogical methods.

Grading: Grad Steinhardt Graded**Repeatable for additional credit:** No