

# DANCE EDUCATION (MPADE-UE)

## MPADE-UE 12 Intro to Modern Dance (2 Credits)

*Typically offered Fall and Spring*

Principally for nondance majors. Introduction to modern dance, including analysis of movement in dance technique and improvisation.

**Grading:** Ugrd Steinhardt Graded

**Repeatable for additional credit:** Yes

## MPADE-UE 14 Beginning Ballet (0-2 Credits)

*Typically offered Fall and Spring*

Fundamentals of ballet technique including special emphasis on placement and utilizing individual anatomical structures most efficiently.

**Grading:** Ugrd Steinhardt Graded

**Repeatable for additional credit:** Yes

## MPADE-UE 1006 Yoga and Pilates: Dynamic Alignment Principles (1-2 Credits)

This course is an introduction to the fundamental somatic and anatomical principles of alignment for healthy habituation in everyday movement. The students explore multiple somatic forms (Pilates and Yoga) and ideas through discussion, observation, and embodied experience. The course focuses on transfer of dynamic alignment adjustments, one's personal postural structure, and centering for daily life and movement. No prior Pilates or yoga experience required.

**Grading:** Ugrd Steinhardt Graded

**Repeatable for additional credit:** No

## MPADE-UE 1013 Tap Dance (1-2 Credits)

*Typically offered Fall and Spring*

This class introduces students to the art of tap dance, including its history, artists and technique. Beginning students develop a working tap dance vocabulary of steps and sequences, including classic repertory, as well as the rudiments of tap improvisation and choreography. More advanced students focus on more difficult steps as well as on developing virtuosity and expressiveness in their dancing.

**Grading:** Ugrd Steinhardt Graded

**Repeatable for additional credit:** Yes

## MPADE-UE 1015 Hip Hop Dance Culture (1-3 Credits)

*Typically offered Fall and Spring*

Exploration of the vernacular & theatrically influenced forms of Hip Hop dance including but not limited to Breaking, Popping, Locking & Krumping & identifying commonalities & differences within the Hip Hop practices. Focusing on the historical & cultural context & its importance to education in the various schools of dance sectors, students will experience pedagogical approaches, along with approaches to technique, improvisation & cognitive content. Classes will be conducted to Hip Hop, house & dance music from the past three decades. Classes will begin with a set warm-up & follow with stretching & conditioning exercises. Depending on the week's focus, there will be across-the-floor progression series & practice techniques of that week's particular hip-hop dance form. Class will always conclude with a combination that incorporates that week's dance form & other hip-hop dance forms.

**Grading:** Ugrd Steinhardt Graded

**Repeatable for additional credit:** No

## MPADE-UE 1029 Jazz Dance Technique (2 Credits)

*Typically offered Fall and Spring*

Analysis of jazz as a dance discipline- introductory level. Includes composition.

**Grading:** Ugrd Steinhardt Graded

**Repeatable for additional credit:** Yes

## MPADE-UE 1278 Dance as an Art Form (4 Credits)

*Typically offered Spring*

Dance is an integral & defining component of cultures throughout the world & throughout history. This course introduces students to dance as a live & performing art through a variety of experiences including attendance at live performances, examination of videos & theoretical texts, & physical participation in the practice & performance of dance. Through discussions, written assignments, & the creation of original dance compositions, students will explore the history & cultural relevance of a variety of forms of dance within their own lives, larger society, & the global community beyond. Liberal Arts Core/CORE-MAP Equivalent - satisfies the requirement for Expressive Cultures for Steinhardt students.

**Grading:** Ugrd Steinhardt Graded

**Repeatable for additional credit:** No

## MPADE-UE 1541 Intercultural Dance (1 Credit)

*Typically offered Fall and Spring*

Study of dance as cultural practice, exploring dance from a broad spectrum of cultures. Focus on theoretical and practical application of key concepts and dance forms as they relate to cultural identity, representation, and education. Includes critical analysis of dance in the studio, film, and written materials. Implications for curriculum and instruction are stressed.

**Grading:** Ugrd Steinhardt Graded

**Repeatable for additional credit:** No

## MPADE-UE 1701 West African Dance (2 Credits)

*Typically offered Fall and Spring*

A survey course in African dance with accompanying songs, music, and simple instructions of the regions of West, East, Central, and South Africa.

**Grading:** Ugrd Steinhardt Graded

**Repeatable for additional credit:** No

## MPADE-UE 1702 Afro-Caribbean Dance (2 Credits)

This course will introduce students to Afro-Caribbean dance with a focus on Haiti and The Bahamas while exploring its roots in West African dance and culture. Classroom activities will embody fundamental dance movements and explore the relationship to the country's customs and traditions, inclusive of cultural games and songs. Basic African and Caribbean dance skills and movement vocabulary will be taught emphasizing coordination, polyrhythm and body awareness.

**Grading:** Ugrd Steinhardt Graded

**Repeatable for additional credit:** No