

FOOD AND WINE (FOOD1-CE)

FOOD1-CE 9006 Becoming a Wine Expert (0 Credits)

Which wine should you drink with dinner tonight? What is the best wine to give as a gift to a host? And just how do you find the best value on the wine list? These questions and more are answered in this introductory wine course. Join wine expert and award-winning wine blogger and author, Tyler Colman (“Dr. Vino”), for this extremely popular class. To boost your wine confidence and knowledge, each session focuses on a different theme and includes discussion and a tasting.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9010 Arthur Avenue's Little Italy (0.5 Credits)

Explore Arthur Avenue and learn why this neighborhood has been a treasured resource of Italian food and culture for generations. Experience Bronx's Little Italy, its residents, and their passion and culinary expertise. Learn about local history, traditions, new hot spots, and the impressive array of Italian fare, from barrels of olives to freshly made pastries and pasta stands, all under one roof. We'll lunch on Italian specialties, and then explore the neighborhood's cheese and ravioli shops, seafood and produce stores, butchers, bakers, and pasticcerias that make this enclave a world-famous food destination. Bring your culinary curiosity and your walking shoes.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9011 Atlantic Avenue: Brooklyn's Culinary Connection to the Middle East and North Africa (0 Credits)

Can't tell your burghul from your mulukhiyah? Learn about the cuisines that Yemeni, Lebanese, Syrian, and others from the Arab world enjoy in an exploration of this small but long-standing Arab neighborhood—from spice shops to bakeries. Navigate a Middle Eastern menu with a sampling of the most common dishes you'll want to know in a morning bite. Partake in a Levantine-Lebanese maza spread at lunch that includes sambusa, hummus, baba ghanoush, falafel served with tahini sauce, kifta mishwiye, cheese, and olives. Walk along Atlantic Avenue to see some of the culinary newcomers to the area and end with chocolate truffles at Nunu Chocolates.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9012 New Amsterdam Fish Fry (0 Credits)

Come walk the famed streets of early Manhattan, dine at an acclaimed restaurant in the Financial District, and see the spectacular water views of the Upper New York Harbor and the East River. Take an escorted walking tour through Lower Manhattan, incorporating culture, history, architecture, and highlights of the city's culinary scene. The tour begins in Battery Park, heading on foot to learn about New Amsterdam. Continue walking up Broadway, enjoy a delicious catch-of-the-day lunch entrée, and finish the tour in the ever-evolving South Street Seaport, near the locations where the Fulton Fish Market operated from 1807 to 2005.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9013 Lower East Side: Old and New (0 Credits)

On this eating and walking tour, hear about the neighborhood's immigrant history and its evolution to a hipster haven. Along the way, taste some of that history as we start the tour with a mini-stuffed bagel with the works—smoked salmon, capers, onions, and cream cheese on a hand-rolled bagel. Then, it's on to Yonah Schimmel's to share knishes, followed by stops at the Tenement Museum gift shop, the Essex Street Market, and one of the oldest candy stores in New York City, Economy Candy.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9014 South Williamsburg: Food Heaven (0 Credits)

On this walking-and-eating tour, explore this thriving Brooklyn neighborhood filled with new food shops, restaurants, and bars. Learn about the neighborhood's history and culinary hot spots, and have tacos, Texas-style brisket and deckle BBQ sandwiches, a beer flight, and delicate desserts in between stops at the trendy shops in the area.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9015 Dim Sum and Shopping Tour of Chinatown (0 Credits)

Enjoy the steamed, stewed, baked, and fried delights of Chinatown. Start the day sharing a dim sum breakfast—comprised of subtly flavored modern and traditional Cantonese dishes. Favorites include shrimp and chive dumplings, crispy shrimp balls, steamed pork buns, scallion pancakes, lotus in sticky rice, and fried sesame balls. Other stops on the tour include a Malaysian beef jerky shop, an Asian supermarket, a fishmonger, aroma-filled bakeries, and inviting Buddhist temples. During the tour, hear about the history of Chinatown, once mostly a Cantonese enclave that now offers dishes from Shanghai and the Fujian, Sichuan, and Guangdong provinces. Arrive hungry—and on time—for the dim sum meal at 10 a.m.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9017 Seven Wines That Will Devastate Your Friends (0 Credits)

Are you overwhelmed but intrigued by the vast selection of wines? This class gives you tips on wine choice and wine characteristics that build your confidence. Learn the secrets of seven insider wines guaranteed to dazzle even your most knowledgeable friends, and gain valuable information about wine-purchasing techniques.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9041 Wine Online: Become a Wine Connoisseur (0 Credits)

Register for this Fall 2023 course on the new <https://nyusps.gatherlearning.com/events/wine-online-become-a-wine-connoisseur>>NYU SPS Academy of Lifelong Learning website.</p>

<p>Become the go-to wine guru for all of your friends. This course will give you a foundation for a lifetime of wine appreciation—what to look for in a glass of wine to how to describe wine, how to read labels, how to pair wine with food, and how winemaking decisions impact today’s liquid assets. The course will discuss international winemaking, from time-honored European vineyards to sassy newcomers. Grapes, local laws, wine databases, prices, the backstories of the world’s important growing regions, global warming, and catastrophes all will be discussed. Weekly comparisons of two wines will be assigned and discussed in class (not necessary to drink, just to read about). Fall 2023 tuition is \$999.</p>

<p>Registering at least three weeks prior to the course start date is highly recommended.</p>

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9043 Wine Tasting: From Mystery to Mastery (0 Credits)

Take the mystery out of wine tasting and learn how to taste like an expert. Explore the correct way to sniff, swirl, and sip your way through wine. Test your palate by tasting for sugar, acid, alcohol, and tannin.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9045 Welcome to the Speakeasy: An Introduction to Spirits (0 Credits)

Do you know the difference between bourbon and brandy? Rum and rye? Learn the essentials of what goes into various spirits, their composition, and their distinctive taste. Swirl and sip your way through the history of spirits, learning about liquors, liqueurs, and how to transform them into great drinks. Learn how to use spirits in crafting cocktails, how to taste like a pro, and the "language" for describing the qualities observed in spirits.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9050 A Culinary Tour of Greenpoint: Polish Enclave to Hipster Haven (0 Credits)

The hipster expansion in Brooklyn continues in the fascinating neighborhood of Greenpoint. Explore this ethnically mixed area and enjoy its culinary delights, from hearty sausages to Eastern European dessert delicacies. As we taste our way through the neighborhood, we pass the hot, sometimes unmarked, bars that cater to trend-seeking new residents. Enjoy a sit-down lunch of traditional Polish fare, followed by Polish chocolates (favorites include gooseberries and prunes in dark chocolate, wafer cookies, and vodka truffles).</p>

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9060 Tribeca: The Historical Heart of Culinary New York (0 Credits)

Tribeca, once called Washington Market—a neighborhood providing New York City with wholesale produce, spices, and meats—is now a hot spot of lofts and trendy restaurants. We start at Bazzini's, a 19th-century nut importer now operating as a specialty store and neighborhood cafe. Along the walking tour, learn about the history of Tribeca and its unique place in the city's culinary scene, and explore some area highlights. Your tour ends with lunch at Pepolino's, home of fabulous Florentine sage gnocchi. All participants receive a list of area restaurants and food emporia.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9061 Chelsea Market and the High Line (0.5 Credits)

Fishmonger, butcher, chocolatier—these are just some of the artisans you’ll meet, and enjoy samples from, on this culinary and historical tour. Explore back-to-basics food producers alongside international and classic New York dining options in the bustling Chelsea Market, the converted biscuit manufacturing plant. Lunch inside and then move through the crowds to outdoors, strolling along the striking High Line. While there, delve into its connection to the Hudson River waterfront—and find dessert! The High Line delivers us to the Meatpacking District, where the tour wraps up by exploring how the neighborhood transformed from industrial packing plants to burgeoning fashion stores and hip restaurants.</p>

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9062 Northside Williamsburg (0 Credits)

Put on your hipster hat and jump on the L train to the hottest neighborhood in New York City. Just one stop into Brooklyn, experience the best cheese, chocolate, kitchenware, and home shops on this eating-and-walking tour of the “Northside” of Williamsburg. Nosh on the local delights and visit one of the many beer gardens after working up a thirst in this lively and historic neighborhood. Leave with a new understanding of Williamsburg’s history and culture, plus a list of notable places to revisit in your new life as a hipster.</p>

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9063 Prospect Park Excursion with Lunch (0 Credits)

Explore the natural beauty in Prospect Park, home to Brooklyn’s last forest and only freshwater lake. The Park was designed in the late 19th century by Olmsted and Vaux—the same duo who gave us Central Park. In its almost 600 acres, Prospect Park houses the first urban Audubon Center, a beautiful boathouse, and the new Lakeside Center. Besides walking through the wooded area, learn about the location’s Revolutionary War history, see the newly renovated recreational facilities, and enjoy lunch in a beloved neighborhood restaurant in nearby Park Slope. The tour includes two miles of walking, so wear comfortable shoes.</p>

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9064 Little Russia: A Trip to Brighton Beach (0 Credits)

Can't afford a European vacation this summer? Then, discover Brooklyn's own Little Russia; as you explore Brighton Beach, a legendary enclave for Russians and Eastern Europeans. During this eating-and-walking tour, take a shopping trip along famous Brighton Beach Avenue. Bring your shopping bags, as Ukrainian jams, smoked fish and meats, blintzes, and pastries await to be taken home as souvenirs. Learn about the immigrant history and the changing culture in the area, and dine at a boardwalk restaurant overlooking the Atlantic Ocean. Sip a Baltic beer and choose from beef stroganoff or a lamb or chicken shish kebab, followed by sour cherry varenikis.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9071 Hidden and Cheap Eats in Manhattan (0 Credits)

Become in-the-know and eat on-the-cheap with this eating and drinking tour through Manhattan. Sate your hunger as New Yorkers do, at the hidden and out-of-the-way "secret eat" spots they prize. Cover ground on foot and by subway. Delicious tastings of cold beer, juicy burgers, fancy hot dogs, spicy falafels, and silky ramen noodles keep your palate engaged along the way. Bring walking shoes, a good appetite, and plenty of gastronomic curiosity.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes

FOOD1-CE 9072 A Culinary Tour of Hell's Kitchen (0.5 Credits)

Long known as a neighborhood to avoid, Hell's Kitchen has exploded with new activity and has transformed its reputation. On this eating-and-walking tour, see a parade of bustling restaurants, theaters, shops, and bars, including the best international food experience New York City neighborhoods have to offer. Lunch at a local restaurant, and taste treats from the gourmet food stores on 9th Avenue while learning about the history and evolving culture of the neighborhood from your culinary tour guide, Liz Young, owner of Culinary and City Tours and part-time resident of the neighborhood.

Grading: SPS Non-Credit Graded

Repeatable for additional credit: Yes